

COMMUNITY SERVICES

Adult Medical Day Care - Structured program for adults who require care and supervision in a protective setting for a portion of the day, with emphasis on physically or cognitively impaired older adults.

Second Home, 3610 Palisade Avenue, Union City, 201-864-0400

Caregiver Mental Health Counseling – Provide individual mental health counseling to help the caregiver with the normal anger, frustration, guilt, isolation and depression that many individuals experience as caregivers.

Catholic Charities, 2201 Bergenline Avenue, Union City, 973-266-7978

Caregiver Support Group - Group that meets on a regular basis, formed to help relieve caregiver stress and to provide peer support, education, and information to caregivers, both elderly and non-elderly, of older persons.

Act Now Foundation, 400 38th Street, Union City, 201-721-6721

Education - Formally structured classes, lectures, or seminars that provide older persons and/or caregivers with opportunities to acquire knowledge and skills suited to their interests.

HOPES Cap, 532 Jackson Street, Hoboken, 855-654-6137

Act Now Foundation, 400 38th Street, Union City, 201-721-6721

Legal Assistance - Provide legal advice, assistance, or representation to protect and secure the rights of older persons.

Northeast NJ Legal Services, 574 Summit Avenue, Jersey City, 201-792-6363

Mental Health - Mental health screening, assessment and treatment activities that assist older persons to improve or maintain mental health by helping them to identify and understand their mental and emotional health needs and secure necessary medical, preventive or mental health maintenance services.

Act Now Foundation, 400 38th Street, Union City, 201-721-6721

Oral Health - Screening, assessment, and treatment activities that assist older persons to improve or maintain oral health.

Dental Group, 895 Bergen Avenue, Jersey City, 201-653-7886

Physical Activity - Planned and structured activities aimed at improving or maintaining a person's physical health.

HOPES Cap, 532 Jackson Street, Hoboken, 855-654-6137

Town of Harrison, 221 Harrison Avenue, 973-268-2444

Physical Health - Screening, assessment, and treatment activities that assist older persons to improve or maintain physical health.

City of Bayonne, 630 Avenue C, 201-585-6119

Socialization/Recreation - Planned and structured activities and programs provided to well and functionally impaired older persons to facilitate social contact, reduce isolation, and improve personal life satisfaction.

HOPES Cap, 532 Jackson Street, Hoboken, 855-654-6137

City of Jersey City, 1 Jackson Square, 201-547-6800