

NUTRITION SUPPORT SERVICES

Congregate Meals - Provide nutritionally adequate meals for older people at congregate meal sites.

City of Bayonne, 535 Avenue A, 201-437-2222
16 West 4th Street, 201-858-6144
Town of Harrison, 221 Harrison Avenue, 973-268-2444
City of Jersey City, 92 Danforth Avenue, 201-547-3821
140 MLK Drive, 201-547-4565
2555 Kennedy Boulevard, 201-451-7955
39 Erie Street, 201-451-5107
28 Paterson Street, 201-420-8119
335 Bergen Avenue, 201-451-7955
425 Ocean Avenue, 201-434-8788
358 Montgomery Street, 201-283-2454
398 Grove Street, 201-420-8950
North Hudson Regional Council of Mayors, 1 69th Street, Guttenberg, 201-861-1113
124 Grand Street, Hoboken, 201-792-0069
314 Belgrove Drive, Kearny, 201-991-9699
1441 45th Street, North Bergen, 201-866-8791
229 Grand Avenue, North Bergen, 201-854-3084
3700 Palisade Avenue, Union City, 201-348-5751
420 15th Street, Union City, 201-866-4005
201 Highwood Avenue, Weehawken, 201-319-6059
525 Gregory Avenue, Weehawken, 201-330-7634
6018 Hudson Avenue, West New York, 201-295-5275
Town of Secaucus, 101 Centre Avenue, 201-330-2094

Home Delivered Meals - Provide nutritionally adequate meals to older people in their places of residence on weekdays.

Borough of East Newark, 34 Sherman Avenue, 973-481-0353
City of Bayonne, 630 Avenue C, 201-858-6142
City of Jersey City, 1 Jackson Square, 201-547-6808
North Hudson Regional Council of Mayors, 400 38th Street, Union City, 201-866-5615
Town of Harrison, 221 Harrison Avenue, 973-268-2444
Town of Secaucus, 101 Centre Avenue, 201-330-2094
Jewish Federation of Northern NJ, 50 Eisenhower Drive, Paramus, 201-820-3910
(KOSHER)

Weekend Home Delivered Meals - Provide nutritionally adequate meals to older people in their places of residence on weekend days.

City of Bayonne, 630 Avenue C, 201-858-6142

City of Jersey City, 1 Jackson Square, 201-547-6808

North Hudson Regional Council of Mayors, 400 38th Street, Union City, 201-866-5615

Nutrition Education - Program to promote better health through the provision of accurate and culturally sensitive nutrition and health related information for participants of the congregate nutrition program or older adults in a group setting or homebound older adults.

City of Jersey City, 1 Jackson Square, 201-547-6808

Nutrition Counseling - Provide individualized advice and guidance to older adults or caregivers who are at risk nutritionally because of their health, nutritional history, dietary intake, use of medications, or chronic illness.

City of Jersey City, 1 Jackson Square, 201-547-6808