

Hudson County, New Jersey
BOARD OF COMMISSIONERS
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Immediate Release

Hudson County Board of Commissioners approved a resolution celebrating National Breast Cancer Awareness Month and National Mammography Day on October 20, 2023

Hudson County- The Hudson County Board of Commissioners approved a resolution celebrating National Breast Cancer Awareness Month and National Mammography Day on October 20,2023.

October marks the 39th year of National Breast Cancer Awareness Month, an awareness program that has educated women about early breast cancer protection, diagnosis, and treatment.

The third Friday in October each year is National Mammography Day, the first proclaimed by President William Clinton in 1993.

Apart from skin cancer, breast cancer is the most common cancer among women with it being about 100 times more common in women than men. In addition, 1 in 8 women will be diagnosed with the disease and diagnoses increase as patients get older. Further, an estimated 2,700 men in the United States will be diagnosed with breast cancer this year and more than 500 will die from this disease.

Doctors estimate that about five to ten percent of breast cancer diagnoses are hereditary and individuals whose family history puts them at an increased risk should discuss with

their primary care physician or qualified health professional the proper prevention and early diagnosis strategies.

Since early diagnosis strategies, such as a routine mammography screening, have been introduced, the five-year survival rate for a breast cancer patient has greatly increased, now at almost 90 percent.

Metastatic breast cancer occurs when breast cancer spreads to other parts of the body, including the bones, lungs, liver, and brain resulting in an average life expectancy of 26 months.

It is imperative that mammography screenings be done on a routine basis since once is not enough. There is a need for public education and increased attentiveness in public funding to increase access to quality, affordable care to cover routine mammography screenings as individuals who face economic hardships and minority groups are less likely to get these crucial screenings done.

Breast Cancer Awareness Month serves as an opportunity to increase awareness of the disease and to encourage individuals to have a plan to detect the disease in its early stages.

Board Chairman Anthony Romano, the Hudson County Board of Commissioners in conjunction with County Executive Thomas A. DeGise, all Hudson County residents are urged to celebrate National Breast Cancer Awareness Month and support those organizations that educate, treat and care for women with regards to breast cancer. All residents are urged to celebrate National Mammography Day on October 20, 2023, and all women are urged to make an appointment with their doctor for a mammography and clinical breast exam.

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