### HOTLINES

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>NJ 211</td>
<td>211</td>
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<tr>
<td>ADDICTIONS HOTLINE OF NJ</td>
<td>844-276-2777</td>
</tr>
<tr>
<td>SELF-HELP CLEARINGHOUSE</td>
<td>800-367-6274</td>
</tr>
<tr>
<td>DISABILITY RIGHTS OF NJ</td>
<td>609-292-4357</td>
</tr>
<tr>
<td>CHILD ABUSE</td>
<td>1-877-NJABUSE</td>
</tr>
<tr>
<td>COMPULSIVE GAMBLING</td>
<td>1-800 GAMBLER</td>
</tr>
<tr>
<td>NJ CONNECT FOR RECOVERY</td>
<td>1-855-652-3737</td>
</tr>
<tr>
<td>NJ MENTALHEALTH CARES</td>
<td>1-866-202-4357</td>
</tr>
<tr>
<td>NJ DOMESTIC VIOLENCE</td>
<td>800-572-7233</td>
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<tr>
<td>SUICIDE HOTLINE</td>
<td>800-273-8255</td>
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<tr>
<td>DCPP ABUSE AND NEGLECT HOTLINE</td>
<td>877-652-2873</td>
</tr>
<tr>
<td>WOMEN RISING DV HOTLINE</td>
<td>201-333-5700</td>
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### SELF HELP GROUPS

<table>
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<tr>
<th>Group</th>
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<tbody>
<tr>
<td>AL-ANON/ALATEEN</td>
<td>800-344-2666</td>
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<tr>
<td>ALCOHOLICS ANONYMOUS</td>
<td>800-245-1377</td>
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<tr>
<td>COCAINE ANONYMOUS</td>
<td>800-347-8998</td>
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<tr>
<td>GAMBLERS ANONYMOUS</td>
<td>800 GAMBLER</td>
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<tr>
<td>NARCOTICS ANONYMOUS</td>
<td>800-992-0401</td>
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<tr>
<td>NJ SELF-HELP CLEARINGHOUSE</td>
<td>800-367-6274</td>
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<tr>
<td>PARENT TO PARENT</td>
<td>856-983-3328</td>
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<tr>
<td>HUDSON COUNTY SELF-HELP CENTER</td>
<td>201-420-8013</td>
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### SUPPORTING SERVICE AGENCIES OF HUDSON COUNTY

<table>
<thead>
<tr>
<th>Agency</th>
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<tbody>
<tr>
<td>HOBOKEN FAMILY PLANNING</td>
<td>201-319-9200</td>
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<tr>
<td>MENTAL HEALTH ASSOCIATION OF NJ</td>
<td>800-367-8850</td>
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<td>HC FAMILY SERVICES</td>
<td>201-420-3000</td>
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<td>OFFICE ON AGING</td>
<td>201-369-5280 X4140</td>
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<tr>
<td>MUNICIPAL ALLIANCE</td>
<td>201-369-5280 x4245</td>
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<tr>
<td>NORTHEAST NJ LEGAL SERVICES</td>
<td>201-792-6363</td>
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<tr>
<td>WOMEN RISING</td>
<td>201-222-5700</td>
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<td>UNITED WAY OF HUDSON</td>
<td>201-434-2625</td>
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</tbody>
</table>

This directory does not evaluate the resources listed. It aims to provide information that will help consider which resource best suits an individual's needs. Provision of information about a resource does not constitute endorsement nor does omission of a resource signify disapproval.

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**Hudson County Board of Commissioners**

Anthony P. Vainieri, Jr.-Chairperson  
Kenneth Kopacz  
William O’Dea  
Jerry Walker  
Yraida Aponte-Lipski  
Anthony L. Romano, Jr.  
Fanny J. Cedeno  
Caridad Rodriguez  
Albert J. Cifelli

**Hudson County Department of Health and Human Services**

Darice Toon, Director  
Nicole Harrison-Garcia, Deputy Director  
Robin F. James MA, PD (MFT), LPC  
Administrator of Behavioral Health  
And Addiction Services

Kayla R. Hanley MSW, LSW, CCTP  
Assistant Mental Health and COSSAP Administrator

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**2021 Mental Health Pocket Guide**

Office of Mental Health and Addiction Services  
830 Bergen Avenue  
Suite 2B  
Jersey City, NJ 07306  
201-369-5280 Ext. 4254  
Fax: 201-369-5660
OUTPATIENT TREATMENT PROGRAMS FOR ADULTS

CarePoint-Hoboken: Community Mental Health Center
506 3rd Street
Hoboken, NJ 07030 ........................................ 201-792-8200

HMH Palisades Medical Center-Counseling Center
7101 Kennedy Boulevard
North Bergen, NJ 07047 ................................. 201-854-0500

Family Service Bureau
397 Kearny Avenue
Kearny, NJ 07032 ........................................ 201-246-8077

North Hudson Community Action Corporation
5301 Broadway
West New York, NJ 07093 ............................... 201-866-9320

Jersey City Medical Center RWJ Barnabas Health
395 Grand Street
Jersey City, NJ 07302 ................................... 201-915-2100

Mt. Carmel Guild-Bergenline
2201 Bergenline Avenue
Union City, NJ 07087 ................................... 201-558-3700

Mt. Carmel Guild-Jersey City
285 Magnolia Avenue
Jersey City, NJ 07306 ................................... 201-395-4800

CarePoint Health-CarePoint Hoboken University Medical Center
506 3rd Street
Hoboken, NJ 07030 ....................................... 201-792-8200

Jersey City Medical Center RWJ Barnabas Health
355 Grand Street
Jersey City, NJ 07302 ................................... 201-915-2100

Mt. Carmel Guild-Bergenline
2201 Bergenline Avenue
Union City, NJ 07087 ................................... 201-558-3700

Mt. Carmel Guild-Jersey City
286 Magnolia Avenue
Jersey City, NJ 07304 ................................... 201-395-4800

Bayonne Community Mental Health Center-Trinitas
601 Broadway
Bayonne, NJ 07002 ....................................... 201-339-9200

CASE MANAGEMENT MENTAL HEALTH SERVICES FOR ADULTS

Jersey City Medical Center: Integrated Case Management Services (ICMS)
1825 JFK Boulevard
Jersey City, NJ 07305 ................................... 201-402-4621

Garden State Episcopal: Residential Intensive Support Team (RIST)
514 Newark Avenue
Jersey City, NJ 07304 ................................... 201-209-9301

SERV Centers of New Jersey
777 Bloomfield Avenue
Clifton, NJ 07012 ......................................... 201-222-7972

Bridgeway, Inc.: Program for Assertive Community Treatment (PACT)
862 Newark Avenue, Second Floor
Jersey City, NJ 07306 ................................... 201-653-3980

SPECIALIZED MENTAL HEALTH SERVICES FOR ADULTS

Saint Joseph’s ACCESS Program for Deaf/Hard of Hearing
621 Main Street
Paterson, NJ 07505 ....................................... 973-754-5590

Bridgeway Crisis Intervention Services.
152 Central Avenue
Jersey City, NJ 07306 ................................... 201-885-2539

Bridgeway Telehealth Outpatient Services
152 Central Avenue
Jersey City, NJ 07306 ................................... 551-225-7677

Intensive Family Support Services
249 Virginia Avenue
Jersey City, NJ 07304 ................................... 201-798-9925

Hudson S.P.E.A.K.S. Against Sexual Violence
179 Palisade Avenue
Jersey City, NJ 07306 ................................... 201-795-8375

Hudson Pride
3 East 176 Palisade Avenue
Jersey City, NJ 07306 ................................... 201-963-4779

ADVOCACY, INFORMATION AND REFERRAL SERVICES

Community Health Law Project
35 Journal Square, Suite 831
Jersey City, NJ 07306 ................................... 908-355-8282

Family Support Organization of Hudson County
911 Bergenline Avenue, Second Floor
Jersey City, NJ 07306 ................................... 201-915-5140

Hudson County Integrated Support Services/CSPNJ
124 Claremont Avenue
Jersey City, NJ 07305 ................................... 201-420-8013

NAMI Hudson County
395 Grand Street, Second Floor
Jersey City, NJ 07306 ................................... 201-861-0614

Mental Health Association of NJ-Hudson County
35 Journal Square, Suite 831
Jersey City, NJ 07306 ................................... 201-653-4700

CHILDREN’S SPECIFIC SERVICES

Jersey City Medical Center RWJ Barnabas - Screening
355 Grand Street
Jersey City, NJ 07302 ................................... 201-915-2210

*Mobile screening capacity for children and adults
PerformCare through the Children’s System of Care
................................................................. 1-877-652-7624

2nd Floor Youth Helpline (Text and/or Call)
................................................................. 1-888-222-2228