

**The County of Hudson**  
**Department of Health and Human Services**

**OFFICE ON AGING**

**Aging and Disability Resource Connection**  
**(ADRC)**

**2021**

**The Directory**  
**Senior Services Guide**



**Thomas A. DeGise**  
**Hudson County Executive**  
**Hudson County Board of Commissioners**

Hudson County Board of Commissioners  
567 Pavonia Avenue  
Jersey City, NJ 07306  
asantos@hcnj.us  
**Main Number**  
201-795-6001

**Hudson County Board of Commissioners**

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Department of Health and Human Services

**Office on Aging/  
ADRC**  
(Aging and Disability Resource Connection)

**830 Bergen Avenue, 3B  
Jersey City, New Jersey 07306  
201.369.4313**

**Brian Poffel  
Executive Director**

**Hours of Operation: Monday-Friday 9am to 5pm**

## **Message from the County Executive**



Welcome to *The Directory*, an essential guide for all Hudson County seniors who may be seeking information on home and community services available to them. This guide was carefully prepared by the Hudson County Office on Aging as a way of reaching out to all our seniors, their extended families, and caregivers. Information and assistance is just a phone call away!

Since 1974, the Hudson County Office on Aging has been serving our seniors and their important needs. And now, with more than 94,000 seniors residing in Hudson County, we continue to provide dedicated service to each and every one of you.

With this helpful guide, you have access to a wide array of information at your fingertips, from transportation, home health care, nutrition and education programs, legal and protective services, and pleasurable, recreational activities for you and your friends to enjoy.

I hope that you read through *The Directory* carefully, and if you have any questions or need assistance, please contact the staff at the Hudson County Office on Aging. They have my full and dedicated support to give you whatever help you need to continue to enjoy a happy and healthy quality of life here in Hudson County. My best wishes to you and all the members of our senior community!

Sincerely,

A handwritten signature in black ink that reads "Thomas A. DeGise". The signature is written in a cursive style, with the first name "Thomas" and last name "DeGise" clearly legible, and the middle initial "A." in between.

Thomas A. DeGise,  
Hudson County Executive

## **Disclaimer**

Despite our research, the Hudson County Office on Aging does not purport this guide to be exhaustive in identifying all relevant senior service organizations in Hudson County. Other organizations performing similar services to those included herein may be located in the community. Thus, readers looking for services are encouraged to search other sources as well. If you are, or know of, an organization who would like to be included in the next edition of *The Directory*, feel free to contact our office.

Additionally, we note that many of the organizations identified in this guide were found through a variety of sources such that the Office on Aging may not have direct knowledge of each organization listed. Thus, inclusion of an organization in this guide does not necessarily represent an endorsement of the organization or any of its services.

Finally, despite our efforts, we know that errors can occur in developing a guide and that information can become outdated the moment a guide is printed. We invite you to call and inform us should you find any error within this document. We will place additions and corrections in our office copies to be sure we have correct data for those who contact us and for future editions of *The Directory*.

## **About the Office on Aging**

- Established by the New Jersey Division on Aging in 1974 under Title III of the Older Americans Act, to serve as a community extension of the New Jersey Division on Aging
- Operates under the direction of the Hudson County Department of Health and Human Services
- Funded by the County of Hudson, Title III of the Older Americans Act, and the State of New Jersey
- Dedicated to assist the elderly with services such that they maintain their independence and dignity in non-institutional settings
- Serving a population of approximately 94,000 Hudson County Senior Citizens

## **Mission Statement**

The mission of the Office on Aging is to promote independence, dignity and choice by assisting and advocating for Hudson County seniors (60+) and their caregivers through the development and delivery of home and community-based support services and programs. The Office on Aging is a critical link between seniors and the wide range of programs that provide important services to Hudson County's senior community. The Office maintains a service network capable of meeting the health, economic and social needs of older adults in Hudson County, with a particular emphasis on serving those seniors of greatest social and economic need, including low-income, minority older individuals with limited English proficiency.

**OFFICE ON AGING**  
**SENIOR ADVISORY COUNCIL**

Marion Listwan - Harrison  
**Chair**

Thomas J. Foley-Hoboken  
**Vice-Chair**

**Membership**

Mahendra Shah - North Bergen  
Henrietta Johnson - Jersey City  
Carmen Rivera - Secaucus  
Lisa Snedeker - Secaucus  
Marisol Montanez - Guttenberg  
Joann Carratura – Kearny  
Kathy Gohde- Weehawken  
Mireya De La Cruz-West New York  
Joann Carratura-Kearny  
Cary Parats-West New York  
Joyce Person-Perkins-Bayonne

## **Table of Contents**

• <b>Information and Assistance (I &amp; A) and Senior Centers.....</b>	<b>11-14</b>
- County Offices on Aging.....	11
- Municipal Senior Affairs Offices.....	13
- Office on Aging I & A Providers and Senior Centers.....	14
-PACE Program.....	14
• <b>Health Services.....</b>	<b>15-20</b>
- Adult Day Care.....	15
- Care Management & Caregiver Assistance.....	16
- Caregiver's Support Group.....	16
- In-Home Assistance.....	17
- Managed Long Term Services and Supports.....	17
- Jersey Assistance for Community Caregiving - (JACC).....	17
- Certified Home Health Aid.....	18
- Health Services - Health Assistance Program.....	18
- State Health Insurance Assistance Program - (SHIP).....	19
- Prescription Drug Programs.....	20
- Pharmaceutical Assistance to the Aged & Disabled - (PAAD).....	20
- Senior Gold.....	20
• <b>Disability Services.....</b>	<b>21-23</b>
- State Disability Services.....	21
- Hudson County Disability Services.....	21
- Independent Living Services.....	21
- Personal Care Assistance Services.....	21
- Visually Impaired and Blind.....	22-23
• <b>Physical Health Services.....</b>	<b>24</b>
- Dental.....	24
- Flu Shot.....	24
- Hearing.....	24
- Vision.....	24
• <b>Mental Health Services.....</b>	<b>25</b>
- Information.....	25
- Counseling.....	25
- Hospitals.....	25



• <b>Hospice</b> .....	<b>26</b>
• <b>Nutrition Program and Meal Services</b> .....	<b>27-30</b>
- Congregate Meals.....	27
- Home Delivered Meals (Meals on Wheels).....	27-29
- Nutrition Education and Counseling.....	29
- Hudson County Department of Family Service.....	29
- Food Pantries.....	30
• <b>Transportation Services</b> .....	<b>31-33</b>
- Senior and Disabled Transportation.....	32
- Assisted Transportation.....	32
- Municipal Transportation.....	32-33
- Transportation Discounts.....	33
• <b>Housing Options</b> .....	<b>34-42</b>
- Assisted Living.....	34
- Assisted Living Residence - (ALR).....	35
- Comprehensive Personal Care Home - (CPOCH).....	36
- Alternate Family Care - (AFC).....	37
- Congregate Apartment Housing.....	37
- Hudson County Housing Online Resource.....	40
- Subsidized Apartments.....	35-41
• <b>Housing Care</b> .....	<b>43</b>
- Residential Maintenance.....	43
• <b>Legal Assistance Services</b> .....	<b>42</b>
- Hudson County Adult Protective Services.....	42
- Northeast New Jersey Legal Services.....	42
- Ombudsman for the Institutionalized Elderly.....	42
• <b>Financial Assistance</b> .....	<b>43-44</b>
- Energy Assistance Programs.....	43
- Homelessness Prevention Program.....	44
- NJ Family Care.....	44
- Medicaid.....	44
- Welfare.....	44

- <i>Medicaid Assistance Customer Center</i> .....	44
- <i>Medicaid for Nursing Home, Blind &amp; Disabled</i> .....	44
- <i>Social Security Administration</i> .....	44
 • <b><i>Socialization, Recreation, &amp; Education</i></b> .....	<b>45-48</b>
- <i>Socialization and Recreation</i> .....	45
- <i>Education Programs</i> .....	45
- <i>Senior Centers</i> .....	46
- <i>Libraries</i> .....	47
- <i>Language Translation &amp; Interpretation</i> .....	48
- <i>Employment</i> .....	48
- <i>Volunteer Opportunities</i> .....	48

# **New Jersey County Offices on Aging**

## ***New Jersey Association of Area Agencies on Aging (NJ4A)***

*Representing all 21 County AAA's  
145 W Hanover Street  
Trenton, NJ 08618  
Phone: 609-421-0206  
Fax: 609-396-7646*

## ***Atlantic***

*Shoreview Building, Office 222  
101 South Shore Road  
Northfield, NJ 08225  
Phone: 609-645-5965  
Fax: 609-645-5809*

## ***Bergen***

*One Bergen Plaza, 2nd Floor  
Hackensack, NJ 07601  
Phone: 201-336-7400  
Fax: 201-336-7424/7436*

## ***Burlington***

*49 Rancocas Road  
P.O. Box 6000  
Mount Holly, NJ 08060  
Phone: 609-265-5069  
Fax: 609-265-3725*

## ***Camden***

*Parkview on the Terrace  
512 Lakewood Ave.  
Blackwood, NJ 08107  
Phone: 856-858-3220  
Fax: 856-374-6142*

## ***Cape May***

*Social Services Building  
4005 Route 9 South  
Rio Grande, NJ 08242  
Phone: 609-886-2784 / 2785  
Fax: 609-889-0344*

## ***Cumberland***

*Administration Building  
800 East Commerce Street  
Bridgeton, NJ 08302  
Phone: 856-453-2220 / 2221  
Fax: 856-453-2212*

## ***Essex***

*900 Bloomfield Ave.  
Verona, NJ 07044  
Phone: 973-395-8375  
Fax: 973-395-228-6892*

## ***Hudson***

*830 Bergen Avenue, 3B  
Jersey City, NJ 07306  
Phone: 201-369-4313  
Toll Free: 877-222-3737  
Fax: 201-369-4315*

## ***Hunterdon***

*Community Services Building  
4 Gaunt Place, Building 1  
P.O. Box 2900  
Flemington, NJ 08822  
Phone: 908-788-1361 / 1363  
Fax: 908-806-4537*

***Mercer***

640 South Broad Street  
P.O. Box 8068  
Trenton, NJ 08650  
Phone: 609-989-6661 / 6662  
Fax: 609-989-6032

***Middlesex***

75 Bayard St. 5th floor  
New Brunswick, NJ 08901  
Phone: 732-745-3295  
Fax: 732-246-5641

***Monmouth***

3000 Kozloski Road  
Freehold, NJ 07728  
Phone: 732-431-7450  
Fax: 732-303-7649

***Morris***

340 West Hanover Avenue  
P.O. Box 900  
Morristown, NJ 07963  
Phone: 973-285-6848  
Fax: 973-829-9865

***Ocean***

1027 Hooper Avenue, Building # 2  
P.O. Box 2191  
Toms River, NJ 08754  
Phone: 732-929-2091  
Fax: 732-506-5019

***Passaic***

930 Riverview Drive, Suite 200  
Totowa, NJ 07512  
Phone: 973-569-4060  
Fax: 973-256-5190/5191

***Salem***

98 Market Street  
Salem, NJ 08079  
Phone: 856-339-8622  
Fax: 856-339-9546

***Somerset***

27 Warren St., 1st Floor  
P.O. Box 3000  
Somerville, NJ 08876  
Phone: 908-704-6346  
Fax: 908-595-0194

***Sussex***

One Spring Street, 2nd Floor  
Newton, NJ 07860  
Phone: 973-579-0555  
Fax: 973-579-0550

***Union***

Administration Building  
Elizabeth, NJ 07207  
Phone: 908-527-4870 / 4872  
Fax: 908-659-7410

***Warren***

Wayne Dumont Jr. Administration Building  
165 County Road, Suite 245  
Route 519 South  
South Belvidere, NJ 07823  
Phone: 908-475-6591  
Fax: 908-475-6588

***PACE Program***

Lutheran Senior Life at Jersey City  
377 Jersey Avenue, Suite 310  
Jersey City, NJ 07302  
Phone: 201-499-3878  
Fax: 201-706-2092

## **Municipal Senior Affairs** **Offices**

### **Bayonne**

630 Avenue C, Room 17  
Bayonne, NJ 07002  
Phone: 201-858-6119  
Fax: 201-858-4645

### **East Newark**

34 Sherman Avenue  
East Newark, NJ 07029  
Phone: 973-481-2902  
Fax: 973-481-0627

### **Guttenberg**

6808 Park Avenue  
Guttenberg, NJ 07093  
Phone: 201-868-2315  
Fax: 201-868-9332

### **Harrison**

221-223 Harrison Avenue  
Harrison, NJ 07029  
Phone: 973-268-2463  
Fax: 973-268-2956

### **Hoboken**

124 Grand Street  
Hoboken, NJ 07030  
Phone: 201-420-2054  
Fax: 201-239-6628

### **Jersey City**

360 MLK Drive  
Jersey City, NJ 07305  
Fax: 201-547-5168

### **Kearny**

645 Kearny Avenue  
Kearny, NJ 07032  
Phone: 201-997-0600  
Fax: 201-997-9703

### **North Bergen**

4233 Kennedy Boulevard  
North Bergen, NJ 07047  
Phone: 201-392-2158 / 2159  
Fax: 201-7701894

### **Secaucus**

101 Centre Avenue  
Secaucus, NJ 07094  
Phone: 201-330-2014  
Fax: 201-617-2496

### **Union City**

3715 Palisade Avenue  
Union City, NJ 07087  
Phone: 201-348-5702  
Fax: 201-348-5728

### **West New York**

428-60th Street  
West New York, NJ 07093  
Phone: 201-295-5144  
Fax: 201-861-2799

### **Weehawken**

400 Park Avenue  
Weehawken, NJ 07087  
Phone: 201-319-6060  
Fax: 201-863-6847



**Hudson County Area**  
**Agency on Aging/ADRC**  
**Information and**  
**Assistance**  
**Provider List**

**Bayonne**

Bayonne Office on Aging  
630 Avenue C, Room 17  
Bayonne, NJ 07002  
Phone: 201-858-6119  
Fax: 201-858-4645

Senior Center  
349 Avenue B Bayonne, NJ 07002  
Phone: 201-437-5996

**East Newark**

East Newark Senior Center  
37 President Street  
East Newark, NJ 07029  
Phone: 973-481-2902

**Harrison**

Harrison Senior Center  
221-223 Harrison Avenue  
Harrison, NJ 07029  
Phone: 973-268-2463  
Fax: 973-268-2956

**Hoboken**

Hoboken Multi-Service Center  
124 Grand Street  
Hoboken, NJ 07030  
Phone: 201-420-2054  
Fax: 201-239-6628

Hopes CAP Inc.  
301 Garden Street  
Hoboken, NJ 07030  
Phone: 855-OK-HOPES  
Fax: 201-876-2934

**Jersey City**

Joseph Connors Senior Center  
28 Paterson Street  
Jersey City, NJ 07307  
Phone: 201-420-8249  
Fax: 201-876-2907

Maureen Collier Senior Center  
335 Bergen Avenue  
Jersey City, NJ 07304  
Phone: 201-434-3794  
Fax: 201-369-9409

Puertorriquenos Asociados for  
Community Organization (PACO)  
390 Manila Avenue  
Jersey City, NJ 07302  
Phone: 201-963-8282  
Fax: 201-653-5229

**Guttenberg, North Bergen,**  
**Secaucus, Union City, Weehawken,**  
**West New York**

Project SHAPE-Senior Assistance  
400-38th Street, Rm #213 2nd Floor  
Union City, NJ 07087  
Phone: 201-867-0002  
Fax: 201-867-1820

**Kearny**

Kearny Senior I & A Program  
645 Kearny Avenue  
Kearny, NJ 07032  
Phone: 201-997-0600 ext. 3506  
Fax: 201-997-9703

## ***Senior Health Services:***

- ✓ *Health Care Services*
- ✓ *Adult Day Care*
- ✓ *Care Management & Caregiver Assistance*
- ✓ *Caregiver's Support Group*
- ✓ *Home Caregiver Assistance*
- ✓ *Managed Long-Term Support Services- formally Global Options (GO)*
- ✓ *Jersey Assistance for Community Caregiving (JACC)*
- ✓ *Certified Home Health Aide*



***Adult Day Care:*** Daily care and supervision at a central facility for a loved one who is aging. Emphasis is placed on seniors with the greatest physical and emotional need of medical assistance.

***Mi Casa Es Su Casa II***  
6120 Buchanan Place  
West New York, NJ 07093  
Phone: 201-537-2211  
Fax: 201-537-2273

***2nd Home***  
3610 Palisades Avenue  
Union City, NJ 07087  
Phone: 201-864-0400  
Fax: 201-864-6834

***Happy Days Adult Healthcare Center***  
591 Montgomery Street  
Jersey City, NJ 07302  
Phone: 201-938-0300  
Fax: 201-938-0262

***Peace Care Saint Ann's***  
198 Old Bergen Road  
Jersey City, NJ 07305  
Phone: 201-433-0950  
Fax: 201-433-0966

***Casa Manito***  
324-55th Street  
West New York, NJ 07093  
Phone: 201-223-6800  
Fax: 201-223-6885

***Sunflower Medical Adult Day Care***  
300 Broadway  
Bayonne, New Jersey 07002  
Phone: (201) 243-0666

**Care Management & Caregiver Assistance:** *The development and coordination of a coherent care plan for those who are considered the frailest, most vulnerable and/ or at risk. Eligibility is based on the need and desire to remain in the home*

**Bayonne**

Bayonne Office on Aging  
630 Avenue C, Room 17  
Bayonne, NJ 07002  
Phone: 201-858-6119  
Fax: 201-858-4645

**Hoboken**

Hoboken Senior Program  
124 Grand Street  
Hoboken, NJ 07030  
Phone: 201-420-2053 / 2055  
Phone: 201-420-2214  
Fax: 201-239-6628

**East Newark, Harrison, Jersey City, Kearny**

Urban League of Hudson County  
253 Martin Luther King Drive  
Jersey City, NJ 07305  
Phone: 201-451-8888  
Fax: 201-451-4158

**Guttenberg, North Bergen, Secaucus,  
Union City, Weehawken, West New York**

Project SHAPE-Senior Health Assistance  
400-38th Street, 2nd Floor  
Union City, NJ 07087  
Phone: 201-867-0002  
Fax: 201-867-1820



***Caregiver's Support Group:***

*To improve the quality of life for the caregiver and the loved one by offering relief associated with caregiving and solutions to obstacles associated with caregiving.*

*Support groups are designed to give the caregiver the chance to relate with others who may be in similar situations*

Hudson County Caregiver Coalition  
830 Bergen Avenue, 3B  
Jersey City, NJ 07305  
Phone: 201-369-4313  
Fax: 201-369-4315

ACT Now Foundation  
Alzheimer's Resource Center of NJ  
586 Newark Avenue  
Jersey City, NJ 07306  
Phone: 201-721-6721



## **The In-Home Care Process**

***Managed Long Term Services and Supports (MLTSS)***: Medicaid Waiver program for long-term care coordination services based on specific State eligibility and determination requirements.

***Jersey Assistance for Community Caregiving (JACC)***: state and locally funded long-term care management programs for those who desire a plan of care based on need.

Consumers are assigned a qualified care manager, either provided by the local Area Agency on Aging, or the NJ Family Care provider. Each participant receives an individual assessment via their care manager. Participants are put on a path to receive eligible services based on meeting specific financial criteria.

Individuals may contact their local or State Area Agency on Aging to find out about service options through JACC or MLTSS. The care managers will work with the senior and/or caregiver to create an individualized plan of care to help the senior remain in their home for as long as possible. Participants have the option to hire and direct their own service providers should they choose.

## ***An authorized plan of care may include:***

*Adult Day Care*  
*Home Health Aide*  
*Personal Care*  
*Doctors*  
*Prescription Drugs*  
*Hospitalizations*  
*Respite*  
*Care Management*  
*Home and Vehicle Modifications*  
*Home Delivered Meals*  
*Emergency Response Systems*  
*Nurse Practitioner*  
*Laboratory*  
*Mental Health and Addiction Services*  
*Assisted Living*  
*Community Residential Services*  
*Nursing Home Care*

***\*Services may require prior authorization***

## ***For more information:***

***Hudson County Area Agency on Aging***  
*830 Bergen Avenue, 3B*  
*Jersey City, NJ 07306*  
*Phone: 201-369-4313*  
*Toll Free: 877-222-3737*  
*Fax: 201-369-4315*

***Toll Free: 877-222-3737***  
***Website: [www.aging.nj.gov](http://www.aging.nj.gov)***

## **Certified Home Health** **Aide**

*To maintain, strengthen, and safeguard the functioning of older adults and families in their own homes during periods of illness or severe health instability. General support is provided by a certified home health aide professional.*

### **Services may include assisting the senior with:**

- ✓ Ambulation and Self-Administered Medication
- ✓ Bed Mobility
- ✓ Dressing
- ✓ Exercise
- ✓ Feeding and Preparation of Meals
- ✓ Light Household Tasks
- ✓ Personal Hygiene (Bathing and Grooming)

### **Access Nursing Services**

610 Newark Avenue, 4th Floor  
Jersey City, NJ 07306  
Phone: 201-217-0707

### **Accredited Health Services Inc.**

235 Moore Street, Suite 201  
Hackensack, NJ 07601  
Phone: 201-876-5000

### **Armas Healthcare**

400-60th St Suite #2  
West New York, NJ 07093  
Phone: 201-868-6520  
Fax: 201-861-6475

### **Bayada Nurses Hudson County**

3196 Kennedy Boulevard Kennedy Medical Center Union City, NJ 07087  
Phone: 201-867-8667  
Fax: 201-867-8644

### **Bayonne Visiting Nurses Association**

120 Lefante Way  
Bayonne, NJ 07002  
Phone: 201-339-2500  
Fax: 201-339-1255

### **Intern Health Care**

3133 Central Avenue Suite 209  
Union City, NJ 07087  
Phone: 201-864-3838

### **Secura Home Health**

26 Journal Square Suite 705  
Jersey City, NJ 07306  
Phone: 201-985-8335

### **Home Care For You, Inc**

444 59th Street  
West New York, NJ 07093  
Phone: 201-758-8688  
Fax: 201-758-8687

### **Priority Nursing Services**

286 Union Street, 2nd Fl.  
Hackensack, NJ 07601  
Phone: 973-732-5587  
Toll Free: 800-540-6957

### **Best Home Care**

304 Newark Avenue  
Jersey City, NJ 07302  
Phone: 201-798-7600  
Fax: 201-798-7601

### **Unlimited Care, Inc.**

5300 Bergenline Avenue, Suite 3  
West New York, NJ 07093  
Phone: 201-617-7200  
Fax: 201-617-0622

### **Visiting Homemakers of Hudson County**

586 Newark Avenue  
Jersey City, NJ 07306  
Phone: 201-656-9012

**State Health Insurance  
Assistance Program (SHIP)**

*SHIP provides health insurance  
counseling and assistance services  
free information on:*

- ✓ *Medigap*
- ✓ *Medicare Advantage Plans*
- ✓ *Medicare Part D*
- ✓ *Long-Term Care Insurance*

**Bayonne**

Bayonne Office on Aging  
630 Avenue C, Room 17  
Bayonne, NJ 07002  
Phone: 201-858-6119  
Fax: 201-858-4645

**Hoboken**

HOPES CAP Inc.  
301 Garden Street  
Hoboken, NJ 07030  
Phone: 201-656-7137  
Fax: 201-656-7195

**Harrison**

Harrison Senior Center  
221-223 Harrison Avenue  
Harrison, NJ 07029  
Phone: 973-268-2463  
Fax: 973-268-2956

**Jersey City**

Hudson County Office of Disability Services  
830 Bergen Avenue, 2B  
Jersey City, NJ 07306  
Phone: 201-369-5280 x4258/4259

Hudson Hospice  
93-95 Clerk Street  
Jersey City, NJ 07305  
Phone: 201-433-6225  
Fax: 201-433-2928

Joseph Connors Senior Center  
28 Paterson Street  
Jersey City, NJ 07307  
Phone: 201-420-8249

Maureen Collier Senior Center  
335 Bergen Avenue  
Jersey City, NJ 07304  
Phone: 201-434-3794

**Kearny**

Kearny Health Department  
645 Kearny Avenue  
Kearny, NJ 07032  
Phone: 201-997-0600 ext. 3506

**East Newark**

The Borough of East Newark  
34 Sherman Avenue  
East Newark, New Jersey 07029  
Phone: 973-481-2902

**Guttenberg, North Bergen,  
Secaucus, Union City, Weehawken,  
West New York**

Project SHAPE-Senior Assistance Program  
400-38th Street, 2nd Floor  
Union City, NJ 07087  
Phone: 201-867-0002

# **Prescription Drug Programs**



## **Pharmaceutical Assistance to the Aged & Disabled (PAAD)**

- ✓ Provides financial assistance to qualified individuals
- ✓ For prescription medicines and some pharmacy items
- ✓ The senior will pay a nominal co-payment

Eligibility requirements apply:  
Individual must be at least 65 years old or currently receiving Social Security Disability Income. Individual must meet certain income criteria.

**Toll Free: 1-800-792-9745**  
**Toll Free: 1-877-222-3737**

## **Senior Gold Program**

Prescription discount program for elderly or disabled New Jersey residents who do not qualify for PAAD (See PAAD eligibility requirements)

**Toll Free: 1-800-792-9745**



## ***Other Related Social Services***

### **Disability Services**

- ✓ State Disability Services
- ✓ Independent Living Services
- ✓ Personal Care Assistance Services (PCA)
- ✓ Visually Impaired and Blind

### **State Disability Services**

The New Jersey Division of Disability Services promotes and facilitates the maximum independence and participation of people with disabilities in community life.

Provides information and access to services and supports coordination among government agencies in order to implement the seamless provision of services for consumers and their families.

**Toll Free: 1-888-285-3036**

### **New Jersey State Office of Disabilities Management**

P.O. Box 034  
Trenton, NJ 08625

**Phone: 609-292-7299**  
**TTY: 609-292-6525**

### **Hudson County Office of Disability Services**

Hudson County Office of Disability Services  
830 Bergen Avenue, 2B  
Jersey City, NJ 07306  
**Phone: 201-369-5280 x4258/4259**

### **Personal Care Assistance Services (PCA)**

- Optional benefit offered to New Jersey medicaid beneficiaries experiencing some functional impairment and are in need of a
- Personal Care Assistant (PCA) to help with certain aspects of daily living such as bathing or dressing.
- Recipient must have a doctor's order to receive PCA.
- Permanent disability is not a requirement.

P.O. Box 700

Trenton, NJ 08625

**Toll Free: 1-888-285-3036**

**Website:**

<http://www.state.nj.us/humanservices/dds/ohcs/pca/>

### **Bergen County Division on Disability Services**

One Bergen County Plaza, 2nd Floor  
Hackensack, NJ 07601-7076  
Voice (201) 336-6502 or (201) 336-6508

### **Independent Living Services**

#### **Heightened Independence & Progress (HIP)**

The Heightened Center for Independent Living Jersey City serves as a clearing house for information and referral resources for people with disabilities and their families.

35 Journal Square, Suite 703  
Jersey City, NJ 07306  
**Phone: 201-533-4407**  
**TDD 201-533-4409**  
**Fax: 201-533-4421**

# **Support Services for those who are Visually Impaired and/or Blind**

## **Catholic Charities**

*Senior Adult Frail Elderly Center - Nursing  
Home Information, Hispanic Services.  
Counseling Services*

Abuse; Neglect; Exploitation; Adult  
Protective Services; Counseling; Education;  
Training; Food; Meals; Nutrition  
Counseling; Housing; Housing Assistance;  
Nutrition Counseling; Socialization  
Recreation; Support Group; Vision  
Impairment

505 South Avenue  
East, Cranford, NJ 07016  
**Phone: 908-497-3900**  
**Fax: 908-709-9580**

## **Visiting Homemakers of Hudson County**

*For Hudson County Residents 55 and older  
who are experiencing a visual impairment of  
20/70 vision or less with corrective lens or  
who have total blindness.*

Adult Day Health Services; Alternate Family  
Care; Assisted Living; Campership Services;  
Caregiver Directed Option; Certified Home  
Health Aide; Companion Services-  
Weekday/Weekend / Holiday; Education  
and Training; Telephone Reassurance;  
Health and Wellness Programs, Home  
Health Services,

586 Newark Avenue  
Jersey City, NJ 07306  
**Phone: 201-656-6001**  
**Fax: 201-656-9511**

## **Bayonne Office on Aging**

*Municipal Senior Affairs Office providing  
eyeglasses for seniors 60 and older.*

Care Management; Information and  
Assistance; Vision Impairment Support

630 Avenue C  
Room 17, Bayonne, NJ 07002  
**Phone: (201) 858-6119**

## **National Federation of the Blind-NJ**

*National Federation of the Blind of NJ  
promotes advocacy and networking among  
those who are blind and offers advocacy  
opportunities for sighted peers.*

Information & Assistance, Information and  
Assistance on Advocacy

254 Spruce Street,  
Bloomfield, NJ 07003  
**Phone: (973) 743-0075**

## **Saint Joseph's Home for the Blind**

Assisted Living Residence; Nursing Homes

537 Pavonia Avenue  
Jersey City, NJ 07306  
**Phone: (201) 653-8300**

## **National Eye Care Project**

*Seniors 65 and older who have not seen an ophthalmologist in the last three years can call for the name of a volunteer ophthalmologist in their area.*

- ✓ Volunteer ophthalmologists accept Medicare or other insurance
- ✓ Free for seniors 65 and older who do not have insurance

**Toll Free: 1-800-222-3937**



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## Physical Health Services

- ✓ Dental
- ✓ Flu Shot
- ✓ Hearing
- ✓ Vision

### Dental

*Professional assessment, diagnosis and/or preventative and restorative treatment care of the teeth and mouth.*

The Dental Group  
895 Bergen Avenue, Suite 303  
Jersey City, NJ 07306  
**Phone: 201-653-7886**  
**Fax: 201-653-2266**

### Flu Shot

*Seniors can check with their local Senior Affairs Office for a schedule of free flu shots in their municipalities.*

Department of Health and Senior Services  
P.O. Box 360  
Trenton, NJ 08625  
**Phone: 609-292-7837**  
**Toll Free: 800-367-6543**

Website: <http://www.nj.gov/health/>

### Hearing

*Hearing Aid Assistance to the Aged and Disabled – (HAAD)*

- ✓ To offset the cost of a hearing aid to those individuals with hearing impairments.
- ✓ New Jersey resident requirements apply

P.O. Box 715  
Trenton, NJ 08625-0715  
**Toll Free: 800-792-9745**

### Vision- Eye Glass Program

**Bayonne**  
630 Avenue C, Room 17  
Bayonne, NJ 07002  
Phone: 201-858-6119  
Fax: 201-858-4645



# Mental Health Services

- ✓ Information
- ✓ Counseling
- ✓ Hospitals

## NJ Mental Health Cares

*Mental health information and referral service line. Qualified staff offers local referral options for crisis intervention.*

**Toll Free: 866-202-4357**

**TTY: 877-294-4356**

**Website:**

<http://www.njmentalhealthcares.org/>

## Counseling

Bayonne Community  
Mental Health Center  
601 Broadway  
Bayonne, NJ 07002

**Phone: 201-339-9200**

**Fax: 201-339-7842**

Catholic Charities  
590 North 7<sup>th</sup> Street  
Newark, NJ 07107  
East Orange, NJ 07018

**Phone: 973-596-4050**

**Fax: 973-266-7950**

Christ Hospital Community  
Mental Health  
176 Palisade Avenue  
Jersey City, NJ 07306  
**Phone: 201-795-8375**  
**Fax: 201-795-8643**

Hoboken University Community  
Mental Health Center  
506 3rd Street  
Hoboken, NJ 07030  
**Phone: 201-792-8200**  
**Fax: 201-792-8452**

Jewish Federation of Northern New Jersey  
50 Eisenhower Drive  
Paramus, New Jersey 07652  
**Phone: 201-820-3900**  
**Fax: 201-488-1507**

North Hudson Community  
Action Corporation  
5301 Broadway  
West New York, NJ 07093  
**Phone: 201-866-9320**

## Hospitals

Hackensack UMC Palisades Counseling  
Center  
7101 Kennedy Boulevard  
North Bergen, NJ 07047  
**Phone: 201-854-0500**  
**Fax: 201-854-1083**

Christ Hospital Community  
Mental Health  
176 Palisade Avenue  
Jersey City, NJ 07306  
**Phone: 201-795-8375**  
**Fax: 201-795-8643**

Meadowview Psychiatric Hospital  
595 County Avenue  
Secaucus, NJ 07094  
**Phone: 201-369-5252**

Jersey City Medical Center  
355 Grand Street  
Jersey City NJ 07302  
**Phone: (201) 915-2000**

# Hospice

*A philosophy to providing comfort and family support during end of life processes*

- ✓ Services may include medical, counseling, and social contact.
- ✓ Hospice care is in-home or provided by hospices or hospitals

## **Bayonne Visiting Nurse Association**

120 LeFante Way

Bayonne, NJ 07002

**Phone: 201-339-2500**

**Fax: 201-399-1255**

## **Hudson Hospice Inc.**

93-95 Clerk Street

Jersey City, NJ 07305

**Phone: 201-433-6225**

**Fax: 201-433-2928**

# Nutrition Programs

## *Congregate Meals*

- Available to individuals 60 or over regardless of income.
- Available to senior's spouse, regardless of age and income.
- One hot nutritious meal at noontime, five days per week.
- Meals are offered free of charge.
- Participants have the option to voluntarily contribute toward the cost of the meals.

## *Home Delivered Meals (also known as Meals on Wheels)*

- A free program offered to persons 60 or over who are homebound due to illness or disability.
- One hot nutritious meal a day.
- Participants have the option to voluntarily contribute toward the cost of the meals.



## **Bayonne**

### **Bayonne Economic Opportunity Foundation (B.E.O.F.)**

555 Kennedy Boulevard  
P.O. Box 1032  
Bayonne, NJ 07002  
Phone: 201-437-7222

### **Kosher Congregate Meals Kosher Meals on Wheels:**

Jewish Federation of Northern New Jersey  
50 Eisenhower Drive  
Paramus, New Jersey 07652  
**Phone: 201-820-3900**  
**Fax: 201-488-1507**

### **Congregate Meal Sites:**

Back Bay Garden  
535 Avenue A Bayonne, NJ 07002  
Phone: 201-437-7222

## **Harrison**

### **Congregate Meals Site:**

Harrison Senior Center  
221 – 223 Harrison Avenue  
Harrison, NJ 07029  
Phone: 973-268-2463

### **Home Delivered Meals:**

Phone: 973-268-2463

## **East Newark**

East Newark Senior Center  
37 President Street  
East Newark, New Jersey 07029  
Phone: 973-481-3454

### **Home Delivered Meals:**

Phone: 973-481-2902

## **Jersey City**

City of Jersey City Department of  
Health and Human Services  
360 MLK Drive  
Jersey City, NJ 07305  
Phone: (201) 547-5838

### **Congregate Meals Sites:**

Berry Gardens  
92 Danforth Avenue  
Jersey City, NJ 07305  
Phone: 201-547-6779

Boyd McGuinness  
2555 Kennedy Boulevard  
Jersey City, NJ 07306  
Phone: 201-369-1846

Grace Van Vorst  
Episcopal Church  
39 Erie Street  
Jersey City, NJ 07302

Joseph Connors Senior Center  
28 Paterson Street  
Jersey City, NJ 07307  
Phone: 201-420-8249

Maureen Collier Senior Center  
335 Bergen Avenue  
Jersey City, NJ 07304  
Phone: 201-434-3794

Ocean Towers  
425 Ocean Avenue  
Jersey City, NJ 07305  
Phone: 201-434-8691

Villa Borinquen  
398 Manila Avenue  
Jersey City, NJ 07302  
Phone: 201-4871-0178

**Home Delivered Meals:**

Phone: 201-547-6809

**North Hudson Regional Council of  
Mayors (NHRCM)**

**Providing meal services for the  
following municipalities:**

- *Guttenberg*
- *Hoboken*
- *Kearny*
- *North Bergen*
- *Secaucus*
- *Union City*
- *Weehawken*
- *West New York*

**North Hudson Regional Council of  
Mayors (NHRCM)**

400-38th Street, Suite 216  
Union City, NJ 07087  
Phone: 201-866-4005 / 04

**Congregate Meal Sites:**

***Guttenberg***

Guttenberg Senior Center  
136 69<sup>th</sup> Street  
Guttenberg, NJ 07093  
Phone: 590-5279

***Kearny***

American Legion Hall  
314 Belgrove Drive  
Kearny, NJ 07032  
Phone: 201-991-9699

***Hoboken***

Multi-Service Senior Center  
124 Grand Street  
Hoboken, NJ 07030

**North Bergen**

North Bergen Community Center  
1441 45th Street  
North Bergen, NJ 07047  
Phone: 201-866-8791

Paul Cullum Building  
6299 Grand Avenue  
North Bergen, NJ 07047  
Phone: 201-854-3084

**Secaucus**

Secaucus Senior Center  
101 Centre Avenue  
Secaucus, NJ 07094  
Phone: 201-330-2094

**Weehawken**

Gregory Arms  
525 Gregory Avenue  
Weehawken, NJ 07086  
Phone: 201-330-7634

Weehawken Senior Center  
201 Highwood Avenue  
Weehawken, NJ 07087  
Phone: 201-319-6059

**Union City**

Union City Library  
420 15<sup>th</sup> Street  
Union City, NJ 07087  
Phone: 201-271-2280

**West New York**

Senior Community Center  
515 54<sup>th</sup> Street  
West New York, NJ 07093  
Phone: 201-295-5275

**NHRCM Home Delivered Meals:**

Phone: 201-866-4005 / 04



### **Nutrition Education and Counseling**

City of Jersey City Department of  
Health and Human Services  
360 MLK Drive  
Jersey City, NJ 07305  
Phone: 201 547-5838  
Fax: 201-547-5168

### **Hudson County Department of Family Services: Supplemental Nutrition Assistance Program (SNAP)**

*The Division of Welfare provides intake and eligibility determination for economic assistance, paternity determination for Child Support, Home Health Care for seniors and the elderly, Social Services for all of its cases, as well as all emergency assistance.*

**Division of Welfare**  
257 Cornelison Ave.  
Jersey City, NJ 07302  
(201) 420-3000  
Fax: (201) 420-0343  
Hours: 8:00 AM - 4:15 PM

## **Food Pantries**

*Contact agency for specific rules and regulations*



**OLD BERGEN CHURCH - DEACON'S  
FOOD PANTRY**  
1 Highland Avenue  
Jersey City, NJ 07306  
Phone: 201-433-1815

Our Lady of Sorrows Church  
93 Clerk Street  
Jersey City, NJ 07305  
Phone: 201-433-0626  
Website: Currently Not Available

The Sharing Place Food Pantry  
440 Hoboken Avenue  
Jersey City, NJ 07306  
Phone: 201 963-5518  
Website: <http://stpauljerseycity.org/stpaul>

St Aloysius- Food Pantry  
691 West Side Avenue  
Jersey City, NJ 07304  
Phone: 201 433-6365  
Website: <http://www.stalloysiuschurch.com>

Iglesia De Dios Pentecostal  
786 Communipaw Avenue

Jersey City, NJ 07304  
Phone: 201-915-9840  
Website: Currently Not Available

C.A.U.S.E Center  
741 Bergen Ave  
Jersey City, NJ - 07306  
Phone: 201-432-2824  
Website: Currently Not Available

The Beacon at Bethany Lutheran Church  
2015 Kennedy Blvd.  
Jersey City, NJ - 07305  
Phone: 201-432-8773  
Website: Currently Not Available

Salvation Army  
562 Bergen Avenue Jersey City, NJ 07304  
Phone: 201-435-7355  
Website: [www.salvationarmynewjersey.org](http://www.salvationarmynewjersey.org)

H.I.G.H.W.A.Y.S.  
184 Hobart Avenue  
Bayonne, NJ 07002  
Phone: 201-471-2635

Renaissance Food Pantry  
22 Wilson Avenue  
Kearny, NJ 07082  
Phone: 201-998-9460  
Website: [www.cohic.com](http://www.cohic.com)

Gospel Tabernacle Church  
5029 Kennedy Blvd.  
North Bergen, New Jersey 07047  
Phone: 201-863-1000  
Website:  
<http://gospeltab.org/contact/locations/>

PERC (Palisade Emergency Residence  
Corporation)  
111 37th Street  
Union City, NJ 07087  
Phone: 201-348-8150  
Website: [www.percshelter.org](http://www.percshelter.org)

Secaucus Emergency Food Pantry  
101 Centre Avenue  
Secaucus, NJ 07094  
Phone: 201-330-2014

NORTH HUDSON COUMMUNITY  
ACTION PROGRAM  
5301 Broadway  
West New York, New Jersey 07093  
Phone: 201-866-2388  
Website: [www.NHCAC.org](http://www.NHCAC.org)

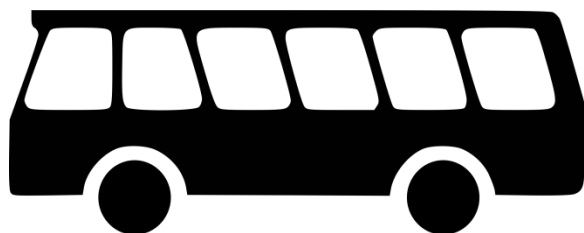
### **Additional online Anti- Hunger resources:**

New Jersey Anti-Hunger Coalition  
(NJAHC)  
Website: <http://njahc.org/help-fight-hunger/search-your-county/udson/>

Rutgers Against Hunger  
Website: <https://rah.rutgers.edu/get-involved/local-pantries/>

## **Transportation Services**

- ✓ Transportation for People with Disabilities
- ✓ Medicaid Transportation
- ✓ Curb-to-Curb Transportation
- ✓ Assisted Transportation
- ✓ Municipal Transportation
- ✓ Transportation Discounts



### **Transportation for People with Disabilities**

- *Services are available to individuals whose disability prevents them from using the local fixed route bus service.*
- *Paratransit service comparable to local bus service.*
- *Curb pick-up/drop-off. Bus operators are not allowed to assist passengers beyond the curb.*
- *In-person interview required for eligibility process.*

**New Jersey Transit**  
**Access Link**

Toll Free: 1-800-955-2321

### **Transportation for People with Disabilities and the Aging Population**

- *Available to Hudson County seniors 60 and over and individuals with permanent disabilities who do not receive Medicaid.*
- *Non-emergency specialized transportation.*
- *Transportation to medical, hospital, employment and recreational sites as Transcends schedule permits.*
- *Reservation must be made in advance of appointment date*

#### **Hudson County Transcend**

830 Bergen Avenue, 8A

Jersey City, NJ 07306

Phone: 201-369-4320

Fax: 201-369-4318

### **Assisted Transportation**

- *Assisted transportation for individuals 60 and over who are frail, vulnerable, disabled or isolated.*
- *Destinations include; community services, banks, and medical facilities.*
- *Call for scheduling availability.*

#### **HOPES CAP Inc.**

301 Grand Street

Hoboken, NJ 07030

Phone: 201-656-7137

Fax: 201-656-7195

## **Municipal Transportation**

- *Various transport services offered to Municipal residents.*
- *Each Municipality offers different services.*
- *Call for eligibility, scheduling, and availability.*

Bayonne Economic Opportunity  
Foundation (B.E.O.F.)  
555 Kennedy Boulevard  
P.O. Box 1032  
Bayonne, NJ 07002  
Phone: 201-437-7222  
Fax: 201-437-2810

East Newark  
37 President Street  
East Newark, NJ 07029  
Phone: 973-481-2902

Guttenberg  
6808 Park Avenue  
Guttenberg, NJ 07093  
Phone: 201-868-2315

Harrison  
221-223 Harrison Avenue  
Harrison, NJ 07029  
Phone: 973-268-2444

Hoboken  
124 Grand Street  
Hoboken, NJ 07030  
Phone: 201-420-2053

Jersey City  
201 Cornelison Avenue  
Jersey City, NJ 07304  
Phone: 201-547-4361

Kearny  
Senior Information and  
Assistance Program  
645 Kearny Avenue  
Kearny, NJ 07032  
Phone: 201-997-0600 ext. 3560

North Bergen  
6800 Columbia Ave.  
North Bergen, NJ 07047  
Phone: 201-869-9595

Secaucus  
101 Centre Avenue  
Secaucus, NJ 07094  
Phone: 201-865-4422

Union City  
3715 Palisade Avenue  
Union City, NJ 07087  
Phone: 201-348-5702

Weehawken  
201 Highwood Avenue  
Weehawken, NJ 07086  
Phone: 201-319-6060

West New York  
6018 Hudson Avenue  
West New York, NJ 07093  
Phone: 201-295-5056/5144



## **Transportation Discounts**

### ***New Jersey Transit – Reduced Fare Program***

- Senior citizens 62 and older and people with disabilities may take advantage of the reduced fare at any time on trains, buses, and light rail vehicles.
- Reduced fare of one-half or more on the regular one-way fare on NJ TRANSIT trains, buses, and light rail vehicles.
- Some alternative transportation providers cross-honor the NJ TRANSIT Reduced Fare Card.
- Valid ID is required.

### **How To Apply for an NJ TRANSIT Reduced Fare ID/Card:**

Senior citizens and people with disabilities who don't have a Medicare card may obtain a Reduced Fare ID/Card as follows:

#### **NJ TRANSIT Reduced Fare Program**

One Penn Plaza East, 5<sup>th</sup> Floor  
Newark, NJ 07105

You may also download an application from:  
[http://www.njtransit.com/pdf/sf\\_tr\\_fo\\_reduced\\_seniors\\_RFP\\_application.pdf](http://www.njtransit.com/pdf/sf_tr_fo_reduced_seniors_RFP_application.pdf)

The Application is also available to fill out at most local banks, savings and loan associations, county Offices on Aging and any major transit terminal. Also, you may obtain the application by writing or calling the NJ TRANSIT Reduced Fare Office at **(201) 271-4307**.

## ***PATH Reduced Fare Discounts***

- SMARTLINK is available for individuals 65 and older.
- Eligibility and approval requirements do apply.

*Applications can be found online at:*  
<https://www.pathsmartlinkcard.com/seniorcard.html>

**Toll Free: 1-800-234-7284**

### ***Motor Vehicle Registration Discount***

*The fees for senior citizens 65 and older and Person(s) with a disability are \$7 less than those stated in all PASSENGER vehicle categories if you own or lease the vehicle. This reduction does NOT apply to boat registrations.*

*All passenger vehicles or non-commercial trucks registered to recipients of the following programs are eligible for discounted registration fees:*

- *Pharmaceutical Assistance to the Aged and Disabled (PAAD)*
- *Supplemental Security Income (SSI)*
- *Lifeline*

For more information contact:  
**New Jersey Motor Vehicle Commission**  
P.O. Box 160  
Trenton, NJ 08666  
Phone: 609-292-6500

# **Housing**



## **Assisted Living Residence**

To assist individuals at risk of placement in a nursing facility.

- Apartment style living in a residential facility licensed by the NJ Department of Health and Senior Services.
- A combination of housing, personalized supportive services; (e.g. congregate meals and housekeeping services), and health care designed to meet the needs of individuals who need help with daily living activities.

Brandywine Senior Place  
Assisted Living  
155 Raymond Road  
Princeton, NJ 08540  
Phone: 732-329-8888

Amber Court  
1155 E. Jersey St.  
Elizabeth, NJ 07201  
Phone: 908-352-9200

Alaris Health at Hamilton Park  
525 Monmouth Street  
Jersey City, NJ 07302  
Phone: 201-653-8800

The Harborage  
7600 River Road  
North Bergen, NJ 07047  
Phone: 201-854-5400  
Fax: 201-854-8798



## **Subsidized Apartments**

- ✓ *Designed for and limited to individuals who are at least 62 or disabled.*
- ✓ *Rental units may include garden or high-rise buildings.*
- ✓ *Recreational activities and support services may be available at a free or low-cost charge.*
- ✓ *Rental charges are based upon income eligibility.*
- ✓ *Lengthy waiting lists can often be expected.*

## **Bayonne**

Back Bay Gardens  
535 Avenue A  
Bayonne, NJ 07002  
Phone: 201-339-8700

Constable Hook Village  
24 East 21st Street  
Bayonne, NJ 07002  
Phone: 201-339-8700

Constable Hook Village  
50 East 21st Street  
Bayonne, NJ 07002  
Phone: 201-339-8700

Kill Van Kull Gardens  
159 West Second Street  
Bayonne, NJ 07002  
Phone: 201-339-8700

Pamrapo Gardens  
30 East 50th Street  
Bayonne, NJ 07002  
Phone: 201-339-8700

Post Road Gardens  
537 Avenue A Bayonne, NJ 07002  
Phone: 201-339-8700

## **Guttenberg**

Herman G. Klein Gardens  
7005 Boulevard East  
Guttenberg, NJ 07093  
Phone: 201-861-0900

Macaluso Tower  
400-68th Street  
Guttenberg, NJ 07093  
Phone: 201-861-0900

## **Harrison**

Harrison Gardens  
788 Harrison Ave.  
Harrison, NJ 07029  
Phone: 973-483-1488

Harrison Senior Residence  
774 Harrison Ave.  
Harrison, NJ 07029  
Phone: 201-991-0054

Kingsland Court  
740-760 Williams Street  
Harrison, NJ 07029  
Phone: 973-483-1488

## **Hoboken**

Marion Towers  
400 First Street  
Hoboken, NJ 07030  
Phone: 201-653-7788

Monroe Gardens  
221 Jackson Street  
Hoboken, NJ 07030  
Phone: 201-798-0370



Adams Gardens  
220 Adams Street  
Hoboken, NJ 07030  
Phone: 201-798-037

Columbian Arms  
514 Madison Street  
Hoboken, NJ 07030  
Phone: 201-659-8894

Columbian Towers  
76 Bloomfield Street  
Hoboken, NJ 07030  
Phone: 201-795-1144  
Fox Hill Gardens

311 Thirteenth Street  
Hoboken, NJ 07030  
Phone: 201-798-0370

## **Jersey City**

Alban Court  
2540-50 Kennedy Boulevard  
Jersey City, NJ 07305  
Phone: 201-434-2227

Battery View  
72 Montgomery Street  
Jersey City, NJ 07302  
Phone: 201-332-9400

Berry Gardens I  
199 Ocean Avenue  
Jersey City, NJ 07308  
Phone: 201-706-4752

Berry Gardens II  
92 Danforth Avenue  
Jersey City, NJ 07305  
Phone: 201-706-4745

Berry Gardens III  
82 Danforth Avenue  
Jersey City, NJ 07305  
Phone: 201-706-4752

Berry Gardens IV  
72 Danforth Avenue  
Jersey City, NJ 07306  
Phone: 201-706-4745

Boyd McGuiness  
2555 Kennedy Boulevard  
Jersey City, NJ 07304  
Phone: 201-434-2227

Fairmount Housing  
2595 Kennedy Boulevard  
Jersey City, NJ 07304  
Phone: 201-946-4667

Grandview Terrace  
3060 Kennedy Boulevard  
Jersey City, NJ 07306  
Phone: 201-792-4918

Harborview Apartments  
145 Ocean Avenue  
Jersey City, NJ 07305  
Phone: 201-432-1377

Heights Housing  
2 Hague Street  
Jersey City, NJ 07307  
Phone: 201-420-8335

Jones Hall  
591 Montgomery Street  
Jersey City, NJ 07302  
Phone: 201-435-7631

Muhlenberg Gardens  
1065 Summit Avenue  
Jersey City, NJ 07307  
Phone: 201-792-4475

New Community  
Hudson Senior Housing  
21 Orchard Street  
Jersey City, NJ 07036  
Phone: 201-985-1156

Ocean Towers  
425 Ocean Avenue  
Jersey City, NJ 07305  
Phone: 201-434-8691

Plaza Apartments  
91 Sip Avenue  
Jersey City, NJ 07306  
Phone: 201-420-9526

Storms Avenue Apartments  
111 Storms Avenue  
Jersey City, NJ 07306  
Phone: 201-333-6328

Saint Bridget's Senior Residence  
372 Montgomery St.  
Jersey City, NJ 07302  
Phone: 201-984-2305

Thomas S. Stewart  
88 – 92 Erie Street  
Jersey City, NJ 07305  
Phone: 201-547-6618

500 Manila Avenue, LLC  
500 Manila Avenue  
Jersey City, NJ 07302  
Phone: 201-792-4600

Whittenberg Manor  
66 Bleeker Street  
Jersey City, NJ 07307  
Phone: 201-792-4475

## **Kearny**

Kearny Senior Residence  
681 Schuyler Avenue  
Kearny, NJ 07032  
Phone: 201-991-0054

Spruce Terrace  
21 Spruce Street  
Kearny, NJ 07032  
Phone: 201-997-4464

## **North Bergen**

Lawler Towers  
6121 & 6131 31 Grand Avenues  
North Bergen, NJ 07047  
Phone: 201-868-8605

Cullen Tower  
6299 Grand Avenue  
North Bergen, NJ 07047  
Phone: 201-868-8605

Terrace Apartments  
6800 Columbia Avenue  
North Bergen, NJ 07047  
Phone: 201-868-8605

## **Secaucus**

The Elms  
777 - 5th Street  
Secaucus, NJ 07094  
Phone: 201-867-2957  
Kroll Heights  
700 County Avenue  
Secaucus, NJ 07094  
Phone: 201-867-2957

Rocco Impreduto Towers  
600 County Road  
Secaucus, NJ 07094  
Phone: 201-867-2957

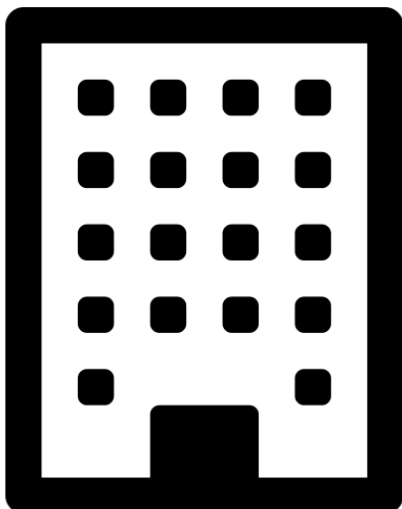
## **Union City**

Bella Vista Apartments  
522 - 22nd Street  
Union City, NJ 07087  
Phone: 201-867-2134

Union City Senior Citizens Building  
3700 Palisade Avenue  
Union City, NJ 07087  
Phone: 201-865-6288

## **Weehawken**

Weehawken Housing  
525 Gregory Avenue  
Weehawken, NJ 07086  
Phone: 201-348-4188



## **West New York**

Franklin D. Roosevelt Building  
6100 Adams Street  
West New York, NJ 07093  
Phone: 201-868-6100

John E. Otis Gardens  
5800 Jefferson Street  
West New York, NJ 07093  
Phone: 201-868-6100

John F. Kennedy Tower  
430 - 62nd Street  
West New York, NJ 07093  
Phone: 201-868-6100

McGowan Building  
6300 Adams Street  
West New York, NJ 07093  
Phone: 201-868-6100

Parkview Towers I, II  
5001 and 5101 Park Avenue  
West New York, NJ 07093  
Phone: 201-865-6379

Palisade Gardens  
4911 Palisade Avenue  
West New York, NJ 07093  
Phone: 201-868-6100

Park East Garden I  
5806 and 5814 Park Avenue  
West New York, NJ 07093  
Phone: 201-868-6100

Piccuto Building  
590 - 62nd Street  
West New York, NJ 07093  
Phone: 201-868-6100

Sunshine  
515 - 54th Street  
West New York, NJ 07093  
Phone: 201-868-6100

## **Online: Hudson County Housing Resource Link**

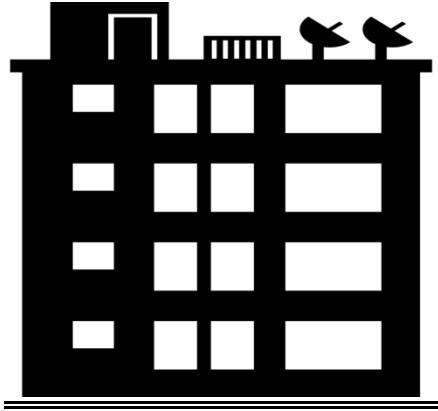
Hudson County Division of Housing & Community Development  
830 Bergen Avenue, 5B  
Jersey City, NJ 07306  
Phone: 201.369.4520  
Fax: 201.369.4523

### **Website\*:**

<http://www.hudsoncountynj.org/hudson-housing-finder/>

***\*The housing list that is included herein is not exhaustive of all housing options in Hudson County. Please visit the website above for additional resources.***

# **Residential** **Assistance**



## **Section 8: Rental Assistance Program**

- ✓ *Housing available to low-income households.*
- ✓ *Households must meet eligibility requirements.*
- ✓ *Renters pay no more than 30 percent of their adjusted monthly income toward their monthly rent and utilities.*
- ✓ *The Guide to Section 8 Housing Program is available through the New Jersey Department of Community Affairs.*

**Hudson County  
Section 8 Office**  
438 Summit Avenue  
Jersey City, NJ 07306  
Phone: 201-217-7256 or 201-217-7405

**Jersey City Housing  
Authority Program**  
400 US Highway #1  
Jersey City, NJ 07306  
Phone: 201-547-6680

**New Jersey Department of Community  
Affairs: Division of Housing &  
Community Resources**  
101 South Broad Street  
P.O. Box 051  
Trenton, NJ 08625  
Phone: 609-292-4080

## **Housing Care** **Residential Maintenance**

*Intermittent household and/or yard care eligible seniors are those whose health and safety are threatened because they cannot perform these services by themselves and/or are at risk of institutional placement*

Bayonne Economic Opportunity  
Foundation (B.E.O.F.)  
555 Kennedy Boulevard  
P.O. Box 1032  
Bayonne, NJ 07002  
Phone: 201-437-7222  
Fax: 201-437-2810

North Hudson Community  
Action Corporation  
5301 Broadway, 2nd Floor  
West New York, NJ 08093



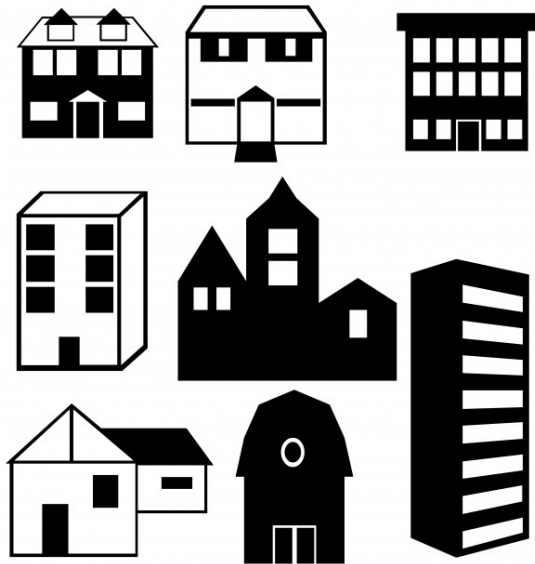
Phone: 201-866-9320 ext. 183  
Fax: 201-330-3803 (Hudson County  
except Bayonne, Jersey City and Hoboken  
areas)

Puertorriquenos Asociados for  
Community Organization (PACO)  
392 Manila Avenue  
Jersey City, NJ 07302  
Phone: 201-963-8282 / 201-420-6444  
Fax: 201-653-5229

## **Social Security** **Administration Buildings**

79 Hudson St. 6th floor  
Hoboken, NJ 07030  
Phone: 800 -772-1213

325 West Side Ave.  
Jersey City, NJ 07305  
Phone: 800 -772-1213



## **Legal Assistance Services**

- ✓ *To protect the rights of vulnerable adults against abuse, neglect, or exploitation.*
- ✓ *Services can be voluntary or Court ordered.*
- ✓ *Services include social, legal, financial, medical, or psychiatric.*

### **Hudson County Adult Protective Services Inc.**

6100 Adams Street  
West New York, NJ 07093  
Phone: (201) 537-5631  
(F) 201-869-0805

### **Northeast New Jersey Legal Services**

*Legal advice or representation on Entitlement Cases, such as Welfare/Food Stamps; Unemployment; Social Security; Medicaid/Medicare, Bankruptcy; Repossession/Garnishment; Public Utilities; Credit Problems/Collections; Expungements; Certain Mortgage, Foreclosures; Rent Control; Simple Wills*

574 Summit Avenue, 3rd Floor  
Jersey City, NJ 07302  
Phone: 201-792-6363 Ext. 3240  
Fax: 201-798-8780

## **Ombudsman for the Institutionalized Elderly**

- ✓ *Investigates allegations of abuse and neglect of people age 60 and older living in nursing homes and other long term healthcare facilities.*
- ✓ *Investigates, resolves and/or refers complaints to the appropriate agency.*
- ✓ *By law, callers may remain anonymous.*
- ✓ *Case files are closed to the public.*

### **The Office of the Ombudsman**

P.O. Box 852  
Trenton, NJ 08625  
Phone: 609-943-4023  
Fax: 609-943-3479

### **To File a Complaint:**

Call 24-Hour Toll Free Ombudsman  
Hotline: 1-877-582-6995  
Email: [PublicAdvocate@advocate.state.nj.us](mailto:PublicAdvocate@advocate.state.nj.us)



## **Financial Assistance**

Energy Assistance Programs  
Homelessness Prevention Program (HPP)  
NJ Family Care  
Medicaid  
Welfare  
Medicaid Assistance Customer Center  
Medicaid for Nursing Home, Blind and Disabled  
Social Security Administration

### **Energy Assistance Programs**

- ✓ *Helps very low-income residents with heating and cooling bills.*
- ✓ *Makes provisions for emergency fuel assistance.*

### **HOPES CAP Inc.**

301 Grand Street  
Hoboken, NJ 07030  
Phone: 201-656-7137  
Fax: 201-656-7195

### **Lifeline**

*Utility assistance program for homeowners and renters with limited incomes who are over 65, meet Pharmaceutical Assistance to the Aged and Disabled (PAAD) requirements or individuals who are at least 18 years old and receiving Social Security Disability benefits.*

**Toll Free: 1-800-451-0525  
1-800-792-9745**

## **NJ Shares Inc.**

For individuals facing a temporary financial crisis. Helps with gas and electric bills.

**Toll Free: 1-866-657-4273**

## **New Jersey Comfort Partners**

*Offered to qualified, low-income households, to assist with education on energy efficiency measures, and the repair or replacement of heating and cooling equipment.*

## **Puertoriquenos Asociados for Community Organization (PACO) Home Energy Program**

346 Central Ave.  
Jersey City, NJ 07307  
Phone: 201-217-0583  
201-963-8282

## **PSE&G Equal Payment Plan (EPP)**

*Assists with the planning of an energy budget in order budget appropriately for energy needs. Allows the individual to pay the same amount each month. Program enrollment is required.*

**Toll Free: 1-800-436-7734**

### **Website:**

[www.pseg.com/billpaymentassistance](http://www.pseg.com/billpaymentassistance)

## **Homelessness Prevention Program (HPP)**

*For individuals in danger of losing their housing.*

### ***Supports:***

- Those facing eviction or foreclosure*
- Individuals who are living in housing that is a threat to their safety, or*
- Those individuals paying too much of their income for housing.*

*Prevention programs often include services for individuals with chronic drug, alcohol, or mental health problems, as well as support services such as job training and child care*

**Phone: 201-217-7263/7265**  
**Toll Free: 1-866-889-6270**

## **NJ Family Cares**

*A federal and state funded health insurance program. Created to help New Jersey's uninsured children and certain low-income parents and guardians to have affordable health coverage. For families who do not have available or affordable employer insurance and cannot afford to pay the high cost of private health insurance*

**Toll Free: 1-800-701-0710**

## **Medicaid**

- *Public assistance funded through the State of New Jersey.*
- *For individuals unable to pay for health care.*
- *Income eligibility requirements apply.*

### **Welfare**

Board of Social Services  
257 Cornelison Avenue  
Jersey City, NJ 07306  
Phone: 201-420-3000

### **Medicaid Assistance Customer Center**

153 Halsey St.  
Newark, NJ 0702  
Phone: 201-217-7100

### **Medicaid for Nursing Home, Blind and Disabled**

257 Cornelson Ave.  
Jersey City, NJ 07302  
Phone: 201-420-3063

## **Socialization, Recreation, & Education**

*Socialization and Recreation  
Education Programs  
Senior Centers  
Libraries*

### **Socialization and Recreation**

Bayonne Office on Aging  
630 Avenue C, Room 17  
Bayonne, NJ 07002  
Phone: 201-858-6119  
Fax: 201-858-4645

Puertorriquenos Asociados for Community  
Organization (PACO)  
392 Manila Avenue  
Jersey City, NJ 07302  
Phone: 201-963-8282 / 420-6444  
Fax: 201-653-5229

### **Physical Health and Exercising at Senior Centers**

City of Jersey City Department of  
Health and Human Services  
360 MLK Drive  
Jersey City, NJ 07305  
Phone: (201) 547-5838  
Fax: 201-547-5168

# Senior Education Programs

*Computer Classes,  
English Reading and Writing,  
Adult Education (GED)*

HOPES CAP Inc.  
301 Garden St.  
Hoboken, NJ 07030  
Phone: 201-653-8213  
1-855- OK-HOPES (654-6737)  
Fax: 201-656-7195

## Computer Classes

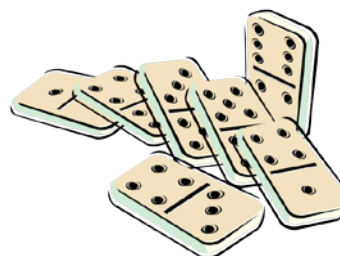
Hudson County  
Community College  
70 Sip Avenue, 2nd Floor  
Jersey City, NJ 07306  
Phone: 201-360-4241/201-360-4200

## Computer Classes, English as a Second Language

Puertoriquenos Asociados for Community  
Organization (PACO)  
390 Manila Avenue  
Jersey City, NJ 07302  
Phone: 201-963-8282  
Fax: 201-653-5229

## Health Education

Visiting Homemaker of Hudson County  
586 Newark Avenue  
Jersey City, NJ 07306  
Phone: 201-656-9012 / 6001  
Fax: 201-656-9511



## Senior Centers

Bayonne  
329 Avenue B.  
Bayonne, NJ 07002  
Phone: 201-437-5996

Downtown  
16 West 4th Street  
Bayonne, NJ 07002  
Phone: 201-858-7192

East Newark  
37 President Street  
East Newark, NJ 07029  
Phone: 973-481-2902

Harrison  
221 Harrison Avenue  
Harrison, NJ 07029  
Phone: 973-268-2463

Hoboken Multi-Service Center  
124 Grand Street  
Hoboken, NJ 07030  
Phone: 201-420-2053

Grace Van Vorst  
Episcopal Church  
39 Erie Street  
Jersey City NJ, 07302  
Phone: 201-659-2211

Indo-American Senior Center  
3359 Kennedy Boulevard  
Jersey City, NJ 07307  
Phone: 201-659-0300

Joseph Connors Senior Center  
28 Paterson Street  
Jersey City, NJ 07307  
Phone: 201-420-8249

Maureen Collier Senior Center  
335 Bergen Avenue  
Jersey City, NJ 07304  
Phone: 201-434-3794

Puertorriquenos Asociados for Community  
Organization (PACO)  
390 Manila Avenue  
Jersey City, NJ 07302  
Phone: 201-963-8282

North Bergen  
1441 – 45th Street  
North Bergen, NJ 07047  
Phone: 201-866-8791

Kearny  
60 Columbia Ave.  
Kearny, NJ 07032  
Phone: 201-991-9322

Secaucus  
101 Centre Avenue  
Secaucus, NJ 07094  
Phone: 201-330-2034

Weehawken  
201 Highwood Avenue  
Weehawken, NJ 07086  
Phone: 201-319-6059

Union City  
3715 Palisades Ave.  
Union City, NJ  
Phone: 201-348-0818

West New York  
515 54th St.  
West New York, NJ 07093  
Phone: 201-295-5144

## **Libraries**

Bayonne Public Library and Cultral Center  
697 Avenue C  
(Corner of 31st Street) Bayonne, NJ 07002  
Phone: 201-858-6970

Harrison Public Library  
415 Harrison Avenue  
Harrison, NJ 07029  
Phone: 973-483-2366

Hoboken Public Library  
500 Park Avenue  
Hoboken, NJ 07030  
Phone: 201-420-2346

Main Library  
472 Jersey Avenue  
Jersey City, NJ 07302  
Phone: 201-547-4500

Five Corners Branch  
678 Newark Avenue  
Jersey City, NJ 07306  
Phone: 201-547-4543

Glenn D. Cunningham  
275 Martin Luther King Jr. Drive  
Jersey City, NJ 07305  
Phone: 201-547-4555

Greenville Branch  
1841 Kennedy Boulevard  
Jersey City, NJ 07305  
Phone: 201-547-4553

Lafayette Branch  
307 Pacific Avenue  
Jersey City, NJ 07304  
Phone: 201-547-5017

Marion Branch  
1017 West Side Avenue  
Jersey City, NJ 07306

Phone: 201-547-4552

Miller Branch  
489 Bergen Avenue  
Jersey City, NJ 07305  
Phone: 201-547-4551

Pavonia Branch  
326 - 8th Street  
Jersey City, NJ 07302  
Phone: 201-547-4808

The Heights Branch  
14 Zabriskie Street  
Jersey City, NJ 07307  
Phone: 201-547-4556

West Bergen Branch  
476 West Side Avenue  
Jersey City, NJ 07304  
Phone: 201-547-4554

Kearny Public Library  
318 Kearny Avenue  
Kearny, NJ 07032  
Phone: 201-998-2666  
North Bergen Public Library  
8411 Bergenline Avenue  
North Bergen, NJ 07047  
Phone: 201-869-4715

Secaucus Public Library  
1379 Paterson Plank Road  
Secaucus, NJ 07094  
Phone: 201-330-2083

Union City Public Library  
324 - 43rd Street  
Union City, NJ 07087  
Phone: 201-866-7500

Weehawken Public Library  
49 Hauxhurst Avenue  
Weehawken, NJ 07086  
Phone: 201-863-7823

West New York Public Library  
425 – 60th Street  
West New York, NJ 07093  
Phone: 201-295-5135

## **Language Translation & Interpretation**

*Explaining oral and written communication  
For non-English speaking, limited English  
speaking, hearing impaired or other  
functionally impaired older individuals.*

### **Spanish, Portuguese, Polish**

Harrison Senior Center  
221-223 Harrison Avenue  
Harrison, NJ 07029  
Phone: 973-268-2463  
Fax: 973-268-2956  
Spanish

Puertorriquenos Asociados  
for Community Organization (PACO)  
392 Manila Avenue  
Jersey City, NJ 07302  
Phone: 201-963-8282 / 420-6444  
Fax: 201-653-5229



## Employment

Easter Seals Senior Community Services  
Employment Program

Community training for seniors who are  
interested in returning to the workforce

### Easter Seals

121-125 Newark Avenue, Room 401  
Jersey City, NJ 07306  
Phone: 201-200-1340



## Senior Corps

*Connects individuals over 55 with the  
people and organizations that need them  
most.*

*Helps individuals become mentors, coaches  
or companions to people in need, or  
contribute their job skills and expertise to  
community projects and organizations.*

Toll Free: 1-800-424-8867  
Website: [www.seniorcorps.org](http://www.seniorcorps.org)