

The County of Hudson
Department of Aging and Veteran's Affairs

Division on Aging Services

2024

The Directory
Senior Services Guide



Craig Guy
Hudson County Executive

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Division on Aging Services

830 Bergen Avenue, 3B
Jersey City, New Jersey 07306
201.369.4313

Brian Poffel
Executive Director

Hours of Operation: Monday-Friday 9am to 5pm

Message From the County Executive



Welcome to *The Directory*, the essential guide for all Hudson County seniors who may be seeking information about home and community services available to them. This guide was carefully prepared by the Division on Aging Services as a way of reaching out to all of our seniors, their extended families and their caregivers. Information and assistance is just a phone call away!

Since 1974, The Division on Aging Services has been serving our seniors and their important needs. Today, with more than 94,000 seniors living in Hudson County, we continue to provide dedicated service to each and every one of you. With this helpful guide, you have access to a wide array of information at your fingertips, from transportation, home health care, nutrition and education programs, legal and protective services, and a host of recreational activities for you and your friends to enjoy.

I hope you read through *The Directory* carefully, and if you have any questions or need assistance, please contact our dedicated, caring staff at the Hudson County Division on Aging. They have my full and dedicated support to give you whatever you need to continue to enjoy a happy and healthy quality of life right here in Hudson County. My best wishes to you and all the members of our senior community!

Sincerely,

Craig Guy

Craig Guy
Hudson County Executive

Disclaimer

Despite our research, the Division on Aging Services does not purport this guide to be exhaustive in identifying all relevant senior service organizations in Hudson County. Other organizations performing similar services to those included herein may be located in the community. Thus, readers looking for services are encouraged to search other sources as well. If you are, or know of, an organization who would like to be included in the next edition of *The Directory*, feel free to contact our office.

Additionally, we note that many of the organizations identified in this guide were found through a variety of sources such that the Division on Aging Services may not have direct knowledge of each organization listed. Thus, inclusion of an organization in this guide does not necessarily represent an endorsement of the organization or any of its services.

Finally, despite our efforts, we know that errors can occur in developing a guide and that information can become outdated the moment a guide is printed. We invite you to call and inform us should you find any error within this document. We will place additions and corrections in our office copies to be sure we have correct data for those who contact us and for future editions of *The Directory*.

About the Division on Aging Services

- Established by the New Jersey Division on Aging in 1974 under Title III of the Older Americans Act, to serve as a community extension of the New Jersey Division on Aging
- Operates under the direction of the Hudson County Department of Health and Human Services
- Funded by the County of Hudson, Title III of the Older Americans Act, and the State of New Jersey
- Dedicated to assist the elderly with services such that they maintain their independence and dignity in non-institutional settings
- Serving a population of approximately 94,000 Hudson County Senior Citizens

Mission Statement

The mission of the Division on Aging Services is to promote independence, dignity, and choice by assisting and advocating for Hudson County seniors (60+) and their caregivers through the development and delivery of home and community-based support services and programs. The Division on Aging Services is a critical link between seniors and the wide range of programs that provide important services to Hudson County's senior community. The Division maintains a service network capable of meeting the health, economic and social needs of older adults in Hudson County, with a particular emphasis on serving those seniors of greatest social and economic need, including low-income, minority older individuals with limited English proficiency.

SENIOR ADVISORY COUNCIL

Lisa Snedeker, Secaucus
Chair

Thomas J. Foley, Hoboken
Vice-Chair

Membership

Mahendra Shah, North Bergen
Henrietta Johnson, Jersey City
Carmen Rivera, Secaucus
Marisol Montanez, Guttenberg
Joann Carratura, Kearny
Kathy Gohde, Weehawken
Mireya De La Cruz, West New York
Joann Carratura, Kearny
Cary Parats, West New York
Joyce Person Perkins, Bayonne

Table of Contents

• Information and Assistance (I & A) and Senior Centers	11-14
- County Aging Offices.....	11
- Municipal Senior Affairs Offices.....	13
- I & A Providers and Senior Centers.....	14
-PACE Program.....	14
• Health Services	15-20
- Adult Day Care.....	15
- Care Management & Caregiver Assistance.....	16
- Caregiver’s Support Group.....	16
- In-Home Assistance.....	17
- Managed Long Term Services and Supports.....	17
- Jersey Assistance for Community Caregiving - (JACC).....	17
- Certified Home Health Aid.....	18
- Health Services - Health Assistance Program.....	18
- State Health Insurance Assistance Program - (SHIP).....	19
- Prescription Drug Programs.....	20
- Pharmaceutical Assistance to the Aged & Disabled - (PAAD).....	20
- Senior Gold.....	20
• Disability Services	21-23
- State Disability Services.....	21
- Office of Inclusion and Accessibility.....	21
- Independent Living Services.....	21
- Personal Care Assistance Services.....	21
- Visually Impaired and Blind.....	22-23
• Physical Health Services	24
- Dental.....	24
- Flu Shot.....	24
- Hearing.....	24
- Vision.....	24
• Mental Health Services	25
- Information.....	25
- Counseling.....	25
- Hospitals.....	25

- **Hospice.....26**

- **Nutrition Program and Meal Services.....27-30**
 - Congregate Meals.....27
 - Home Delivered Meals (Meals on Wheels).....27-29
 - Nutrition Education and Counseling.....29
 - Hudson County Department of Family Service.....29
 - Food Pantries.....30

- **Transportation Services.....31-33**
 - Senior and Disabled Transportation.....32
 - Assisted Transportation.....32
 - Municipal Transportation.....32-33
 - Transportation Discounts.....33

- **Housing Options.....34-42**
 - Assisted Living.....34
 - Assisted Living Residence - (ALR).....35
 - Comprehensive Personal Care Home - (CPCH).....36
 - Alternate Family Care - (AFC).....37
 - Congregate Apartment Housing.....37
 - Hudson County Housing Online Resource.....40
 - Subsidized Apartments.....35-41

- **Housing Care.....43**
 - Residential Maintenance.....43

- **Legal Assistance Services.....42**
 - Hudson County Adult Protective Services.....42
 - Northeast New Jersey Legal Services.....42
 - Ombudsman for the Institutionalized Elderly.....42

- **Financial Assistance.....43-44**
 - Energy Assistance Programs.....43
 - Homelessness Prevention Program.....44
 - NJ Family Care.....44
 - Medicaid.....44
 - Welfare.....44

- *Medicaid Assistance Customer Center*.....44
- *Medicaid for Nursing Home, Blind & Disabled*.....44
- *Social Security Administration*.....44
-
- ***Socialization, Recreation, & Education***.....**45-48**
- *Socialization and Recreation*.....45
- *Education Programs*.....45
- *Senior Centers*.....46
- *Libraries*.....47
- *Language Translation & Interpretation*.....48
- *Employment*.....48
- *Volunteer Opportunities*.....48

New Jersey County Aging Offices

New Jersey Association of Area Agencies on Aging (NJ4A)

*Representing all 21 County AAA's
145 W Hanover Street
Trenton, NJ 08618
Phone: 609-421-0206
Fax: 609-396-7646*

Atlantic

*Shoreview Building, Office 222
101 South Shore Road
Northfield, NJ 08225
Phone: 609-645-5965
Fax: 609-645-5809*

Bergen

*One Bergen Plaza, 2nd Floor
Hackensack, NJ 07601
Phone: 201-336-7400
Fax: 201-336-7424/7436*

Burlington

*49 Rancocas Road
P.O. Box 6000
Mount Holly, NJ 08060
Phone: 609-265-5069
Fax: 609-265-3725*

Camden

*Parkview on the Terrace
512 Lakewood Ave.
Blackwood, NJ 08107
Phone: 856-858-3220
Fax: 856-374-6142*

Cape May

*Social Services Building
4005 Route 9 South
Rio Grande, NJ 08242
Phone: 609-886-2784 / 2785
Fax: 609-889-0344*

Cumberland

*Administration Building
800 East Commerce Street
Bridgeton, NJ 08302
Phone: 856-453-2220 / 2221
Fax: 856-453-2212*

Essex

*900 Bloomfield Ave.
Verona, NJ 07044
Phone: 973-395-8375
Fax: 973-395-228-6892*

Hudson

*830 Bergen Avenue, 3B
Jersey City, NJ 07306
Phone: 201-369-4313
Toll Free: 877-222-3737
Fax: 201-369-4315*

Hunterdon

*Community Services Building
4 Gaunt Place, Building 1
P.O. Box 2900
Flemington, NJ 08822
Phone: 908-788-1361 / 1363
Fax: 908-806-4537*

Mercer

640 South Broad Street
P.O. Box 8068
Trenton, NJ 08650
Phone: 609-989-6661 / 6662
Fax: 609-989-6032

Middlesex

75 Bayard St. 5th floor
New Brunswick, NJ 08901
Phone: 732-745-3295
Fax: 732-246-5641

Monmouth

3000 Kozloski Road
Freehold, NJ 07728
Phone: 732-431-7450
Fax: 732-303-7649

Morris

340 West Hanover Avenue
P.O. Box 900
Morristown, NJ 07963
Phone: 973-285-6848
Fax: 973-829-9865

Ocean

1027 Hooper Avenue, Building # 2
P.O. Box 2191
Toms River, NJ 08754
Phone: 732-929-2091
Fax: 732-506-5019

Passaic

930 Riverview Drive, Suite 200
Totowa, NJ 07512
Phone: 973-569-4060
Fax: 973-256-5190/5191

Salem

98 Market Street
Salem, NJ 08079
Phone: 856-339-8622
Fax: 856-339-9546

Somerset

27 Warren St., 1st Floor
P.O. Box 3000
Somerville, NJ 08876
Phone: 908-704-6346
Fax: 908-595-0194

Sussex

One Spring Street, 2nd Floor
Newton, NJ 07860
Phone: 973-579-0555
Fax: 973-579-0550

Union

Administration Building
Elizabeth, NJ 07207
Phone: 908-527-4870 / 4872
Fax: 908-659-7410

Warren

Wayne Dumont Jr. Administration Building
165 County Road, Suite 245
Route 519 South
South Belvidere, NJ 07823
Phone: 908-475-6591
Fax: 908-475-6588

PACE Program

Lutheran Senior Life at Jersey City
377 Jersey Avenue, Suite 310
Jersey City, NJ 07302
Phone: 201-499-3878
Fax: 201-706-2092

Municipal Senior Affairs Offices

Bayonne

630 Avenue C, Room 17
Bayonne, NJ 07002
Phone: 201-858-6119
Fax: 201-858-4645

East Newark

34 Sherman Avenue
East Newark, NJ 07029
Phone: 973-481-2902
Fax: 973-481-0627

Guttenberg

6808 Park Avenue
Guttenberg, NJ 07093
Phone: 201-868-2315
Fax: 201-868-9332

Harrison

221-223 Harrison Avenue
Harrison, NJ 07029
Phone: 973-268-2463
Fax: 973-268-2956

Hoboken

124 Grand Street
Hoboken, NJ 07030
Phone: 201-420-2054
Fax: 201-239-6628

Jersey City

1 Jackson Square Drive
Jersey City, NJ 07305
Phone: 201-547-6800
Fax: 201-547-5168

Kearny

645 Kearny Avenue
Kearny, NJ 07032
Phone: 201-997-0600
Fax: 201-997-9703

North Bergen

4233 Kennedy Boulevard
North Bergen, NJ 07047
Phone: 201-392-2158 / 2159
Fax: 201-7701894

Secaucus

101 Centre Avenue
Secaucus, NJ 07094
Phone: 201-330-2014
Fax: 201-617-2496

Union City

3715 Palisade Avenue
Union City, NJ 07087
Phone: 201-348-5702
Fax: 201-348-5728

West New York

428-60th Street
West New York, NJ 07093
Phone: 201-295-5144
Fax: 201-861-2799

Weehawken

400 Park Avenue
Weehawken, NJ 07087
Phone: 201-319-6060
Fax: 201-863-6847



Information and Assistance Provider List

Bayonne

Bayonne Office on Aging
630 Avenue C, Room 17
Bayonne, NJ 07002
Phone: 201-858-6119
Fax: 201-858-4645

Senior Center
349 Avenue B Bayonne, NJ 07002
Phone: 201-437-5996

East Newark

East Newark Senior Center
37 President Street
East Newark, NJ 07029
Phone: 973-481-2902

Harrison

Harrison Senior Center
221-223 Harrison Avenue
Harrison, NJ 07029
Phone: 973-268-2463
Fax: 973-268-2956

Hoboken

Hoboken Multi-Service Center
124 Grand Street
Hoboken, NJ 07030
Phone: 201-420-2054
Fax: 201-239-6628

Hopes CAP Inc.
301 Garden Street
Hoboken, NJ 07030
Phone: 855-OK-HOPES

Fax: 201-876-2934

Jersey City

Joseph Connors Senior Center
28 Paterson Street
Jersey City, NJ 07307
Phone: 201-420-8249
Fax: 201-876-2907

Maureen Collier Senior Center
335 Bergen Avenue
Jersey City, NJ 07304
Phone: 201-434-3794
Fax: 201-369-9409

Puertorriquenos Asociados for
Community Organization (PACO)
390 Manila Avenue
Jersey City, NJ 07302
Phone: 201-963-8282
Fax: 201-653-5229

Guttenberg, North Bergen, Secaucus, Union City, Weehawken, West New York

Project SHAPE-Senior Assistance
400-38th Street, Rm #213 2nd Floor
Union City, NJ 07087
Phone: 201-867-0002
Fax: 201-867-1820

Kearny

Kearny Senior I & A Program
645 Kearny Avenue
Kearny, NJ 07032
Phone: 201-997-0600 ext. 3506
Fax: 201-997-9703

Senior Health Services:

- ✓ *Health Care Services*
- ✓ *Adult Day Care*
- ✓ *Care Management & Caregiver Assistance*
- ✓ *Caregiver's Support Group*
- ✓ *Home Caregiver Assistance*
- ✓ *Managed Long-Term Support Services- formally Global Options (GO)*
- ✓ *Jersey Assistance for Community Caregiving (JACC)*
- ✓ *Certified Home Health Aide*



Adult Day Care: *Daily care and supervision at a central facility for a loved one who is aging. Emphasis is placed on seniors with the greatest physical and emotional need of medical assistance.*

Mi Casa Es Su Casa II
6120 Buchanan Place
West New York, NJ 07093
Phone: 201-537-2211
Fax: 201-537-2273

2nd Home
3610 Palisades Avenue
Union City, NJ 07087
Phone: 201-864-0400
Fax: 201-864-6834

Happy Days Adult Healthcare Center
591 Montgomery Street
Jersey City, NJ 07302
Phone: 201-938-0300
Fax: 201-938-0262

Peace Care Saint Ann's
198 Old Bergen Road
Jersey City, NJ 07305
Phone: 201-433-0950
Fax: 201-433-0966

Casa Manito
324-55th Street
West New York, NJ 07093
Phone: 201-223-6800
Fax: 201-223-6885

Sunflower Medical Adult Day Care
300 Broadway
Bayonne, New Jersey 07002
Phone: (201) 243-0666

The In-Home Care Process

Managed Long Term Services and Supports (MLTSS): Medicaid Waiver program for long-term care coordination services based on specific State eligibility and determination requirements.

Jersey Assistance for Community Caregiving (JACC): state and locally funded long-term care management programs for those who desire a plan of care based on need.

Consumers are assigned a qualified care manager, either provided by the local Area Agency on Aging, or the NJ Family Care provider. Each participant receives an individual assessment via their care manager. Participants are put on a path to receive eligible services based on meeting specific financial criteria.

Individuals may contact their local or State Area Agency on Aging to find out about service options through JACC or MLTSS. The care managers will work with the senior and/or caregiver to create an individualized plan of care to help the senior remain in their home for as long as possible. Participants have the option to hire and direct their own service providers should they choose.

An authorized plan of care may include:

Adult Day Care
Home Health Aide
Personal Care
Doctors
Prescription Drugs
Hospitalizations
Respite
Care Management
Home and Vehicle Modifications
Home Delivered Meals
Emergency Response Systems
Nurse Practitioner
Laboratory
Mental Health and Addiction Services
Assisted Living
Community Residential Services
Nursing Home Care

****Services may require prior authorization***

For more information:

Hudson County Division on Aging Services
830 Bergen Avenue, 3B
Jersey City, NJ 07306
Phone: 201-369-4313
Toll Free: 877-222-3737
Fax: 201-369-4315

County Website:

<https://www.hcnj.us/health-and-human-services/aging/>

State Website:

www.aging.nj.gov

Certified Home Health Aide

To maintain, strengthen, and safeguard the functioning of older adults and families in their own homes during periods of illness or severe health instability. General support is provided by a certified home health aide professional.

Services may include assisting the senior with:

- ✓ Ambulation and Self-Administered Medication
- ✓ Bed Mobility
- ✓ Dressing
- ✓ Exercise
- ✓ Feeding and Preparation of Meals
- ✓ Light Household Tasks
- ✓ Personal Hygiene (Bathing and Grooming)

Access Nursing Services

610 Newark Avenue, 4th Floor
Jersey City, NJ 07306
Phone: 201-217-0707

Accredited Health Services Inc.

235 Moore Street, Suite 201
Hackensack, NJ 07601
Phone: 201-876-5000

Armas Home Care, Inc.

400-60th St Suite #2
West New York, NJ 07093
Phone: 201-868-6520
Fax: 201-861-6475

Bayada Nurses Hudson County

3196 Kennedy Boulevard Kennedy Medical Center Union City, NJ 07087
Phone: 201-867-8667
Fax: 201-867-8644

Bayonne Visiting Nurses Association

120 Lefante Way
Bayonne, NJ 07002
Phone: 201-339-2500
Fax: 201-339-1255

Intern Health Care

3133 Central Avenue Suite 209
Union City, NJ 07087
Phone: 201-864-3838

Secura Home Health

26 Journal Square Suite 705
Jersey City, NJ 07306
Phone: 201-985-8335

Home Care For You, Inc

444 59th Street
West New York, NJ 07093
Phone: 201-758-8688
Fax: 201-758-8687

Priority Nursing Services

286 Union Street, 2nd Fl.
Hackensack, NJ 07601
Phone: 973-732-5587
Toll Free: 800-540-6957

Best Home Care

304 Newark Avenue
Jersey City, NJ 07302
Phone: 201-798-7600
Fax: 201-798-7601

Unlimited Care, Inc.

5300 Bergenline Avenue, Suite 3
West New York, NJ 07093
Phone: 201-617-7200
Fax: 201-617-0622

Visiting Homemakers of Hudson County

586 Newark Avenue
Jersey City, NJ 07306
Phone: 201-656-9012

State Health Insurance Assistance Program (SHIP)

SHIP provides health insurance counseling and assistance services free information on:

- ✓ *Medigap*
- ✓ *Medicare Advantage Plans*
- ✓ *Medicare Part D*
- ✓ *Long-Term Care Insurance*

Bayonne

Bayonne Office on Aging
630 Avenue C, Room 17
Bayonne, NJ 07002
Phone: 201-858-6119
Fax: 201-858-4645

Hoboken

HOPES CAP Inc.
301 Garden Street
Hoboken, NJ 07030
Phone: 201-656-7137
Fax: 201-656-7195

Harrison

Harrison Senior Center
221-223 Harrison Avenue
Harrison, NJ 07029
Phone: 973-268-2463
Fax: 973-268-2956

Jersey City

Hudson County Office of Inclusion and Accessibility
830 Bergen Avenue, 2B
Jersey City, NJ 07306
Phone: 201-369-5280 x4258/4259

Joseph Connors Senior Center
28 Paterson Street
Jersey City, NJ 07307
Phone: 201-420-8249

Maureen Collier Senior Center
335 Bergen Avenue
Jersey City, NJ 07304
Phone: 201-434-3794

Kearny

Kearny Health Department
645 Kearny Avenue
Kearny, NJ 07032
Phone: 201-997-0600 ext. 3506

East Newark

The Borough of East Newark
34 Sherman Avenue
East Newark, New Jersey 07029
Phone: 973-481-2902

Guttenberg, North Bergen, Secaucus, Union City, Weehawken, West New York

Project SHAPE-Senior Assistance Program
400-38th Street, 2nd Floor
Union City, NJ 07087
Phone: 201-867-0002

Prescription Drug Programs



Senior Gold Program

Prescription discount program for elderly or disabled New Jersey residents who do not qualify for PAAD (See PAAD eligibility requirements)

Toll Free: 1-800-792-9745

Pharmaceutical Assistance to the Aged & Disabled (PAAD)

- ✓ Provides financial assistance to qualified individuals
- ✓ For prescription medicines and some pharmacy items
- ✓ The senior will pay a nominal co-payment

Eligibility requirements apply:
Individual must be at least 65 years old or currently receiving Social Security Disability Income. Individual must meet certain income criteria.

Toll Free: 1-800-792-9745

Toll Free: 1-877-222-3737



Other Related Social Services

Disability Services

- ✓ State Disability Services
- ✓ Independent Living Services
- ✓ Personal Care Assistance Services (PCA)
- ✓ Visually Impaired and Blind

State Disability Services

The New Jersey Division of Disability Services promotes and facilitates the maximum independence and participation of people with disabilities in community life.

Provides information and access to services and supports coordination among government agencies in order to implement the seamless provision of services for consumers and their families.

Toll Free: 1-888-285-3036

New Jersey State Office of Disabilities Management

P.O. Box 034
Trenton, NJ 08625

Phone: 609-292-7299
TTY: 609-292-6525

Hudson County Office of Inclusion and Accessibility

Hudson County Office of Inclusion and Accessibility
830 Bergen Avenue, 2B
Jersey City, NJ 07306

Phone: 201-369-5280 x4258/4259 **Personal Care Assistance Services (PCA)**

- Optional benefit offered to New Jersey Medicaid beneficiaries experiencing some functional impairment and are in need of a
- Personal Care Assistant (PCA) to help with certain aspects of daily living such as bathing or dressing.
- Recipient must have a doctor's order to receive PCA.
- Permanent disability is not a requirement.

P.O. Box 700
Trenton, NJ 08625

Toll Free: 1-888-285-3036

Website:

<http://www.state.nj.us/humanservices/dds/ohcs/pca/>

Bergen County Division on Disability Services

One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601-7076
Voice (201) 336-6502 or (201) 336-6508

Independent Living Services

Heightened Independence & Progress (HIP)

The Heightened Center for Independent Living Jersey City serves as a clearing house for information and referral resources for people with disabilities and their families.

35 Journal Square, Suite 703
Jersey City, NJ 07306
Phone: 201-533-4407
TDD 201-533-4409
Fax: 201-533-4421

Support Services for **those who are** **Visually Impaired** **and/or Blind**

Catholic Charities

Senior Adult Frail Elderly Center - Nursing Home Information, Hispanic Services. Counseling Services

Abuse; Neglect; Exploitation; Adult Protective Services; Counseling; Education; Training; Food; Meals; Nutrition Counseling; Housing; Housing Assistance; Nutrition Counseling; Socialization Recreation; Support Group; Vision Impairment

505 South Avenue
East, Cranford, NJ 07016
Phone: 908-497-3900
Fax: 908-709-9580

Visiting Homemakers of Hudson County

For Hudson County Residents 55 and older who are experiencing a visual impairment of 20/70 vision or less with corrective lens or who have total blindness.

Adult Day Health Services; Alternate Family Care; Assisted Living; Campership Services; Caregiver Directed Option; Certified Home Health Aide; Companion Services- Weekday/Weekend / Holiday; Education and Training; Telephone Reassurance; Health and Wellness Programs, Home Health Services,

586 Newark Avenue
Jersey City, NJ 07306
Phone: 201-656-6001
Fax: 201-656-9511

Bayonne Office on Aging

Municipal Senior Affairs Office providing eyeglasses for seniors 60 and older.

Care Management; Information and Assistance; Vision Impairment Support

630 Avenue C
Room 17, Bayonne, NJ 07002
Phone: (201) 858-6119

National Federation of the Blind-NJ

National Federation of the Blind of NJ promotes advocacy and networking among those who are blind and offers advocacy opportunities for sighted peers.

Information & Assistance, Information and Assistance on Advocacy

254 Spruce Street,
Bloomfield, NJ 07003
Phone: (973) 743-0075

Saint Joseph's Home for the Blind

Assisted Living Residence; Nursing Homes

537 Pavonia Avenue
Jersey City, NJ 07306
Phone: (201) 653-8300

National Eye Care Project

Seniors 65 and older who have not seen an ophthalmologist in the last three years can call for the name of a volunteer ophthalmologist in their area.

- ✓ Volunteer ophthalmologists accept Medicare or other insurance
- ✓ Free for seniors 65 and older who do not have insurance

Toll Free: 1-800-222-3937



Physical Health Services

- ✓ Dental
- ✓ Flu Shot
- ✓ Hearing
- ✓ Vision

Dental

Professional assessment, diagnosis and/or preventative and restorative treatment care of the teeth and mouth.

The Dental Group
895 Bergen Avenue, Suite 303
Jersey City, NJ 07306
Phone: 201-653-7886
Fax: 201-653-2266

Flu Shot

Seniors can check with their local Senior Affairs Office for a schedule of free flu shots in their municipalities.

Department of Health and Senior Services
P.O. Box 360
Trenton, NJ 08625
Phone: 609-292-7837
Toll Free: 800-367-6543

Website: <http://www.nj.gov/health/>

Hearing

Hearing Aid Assistance to the Aged and Disabled – (HAAD)

- ✓ To offset the cost of a hearing aid to those individuals with hearing impairments.
- ✓ New Jersey resident requirements apply

P.O. Box 715
Trenton, NJ 08625-0715
Toll Free: 800-792-9745

Vision- Eye Glass Program

Bayonne
630 Avenue C, Room 17
Bayonne, NJ 07002
Phone: 201-858-6119
Fax: 201-858-4645

Mental Health Services

- ✓ Information
- ✓ Counseling
- ✓ Hospitals

NJ Mental Health Cares

Mental health information and referral service line. Qualified staff offers local referral options for crisis intervention.

Toll Free: 866-202-4357

TTY: 877-294-4356

Website:

<http://www.njmentalhealthcares.org/>

Counseling

Bayonne Community
Mental Health Center
601 Broadway
Bayonne, NJ 07002
Phone: 201-339-9200
Fax: 201-339-7842

Catholic Charities
590 North 7th Street
Newark, NJ 07107
East Orange, NJ 07018
Phone: 973-596-4050
Fax: 973-266-7950

Christ Hospital Community
Mental Health
176 Palisade Avenue
Jersey City, NJ 07306
Phone: 201-795-8375
Fax: 201-795-8643

Hoboken University Community
Mental Health Center
506 3rd Street
Hoboken, NJ 07030
Phone: 201-792-8200
Fax: 201-792-8452

Jewish Federation of Northern New Jersey
50 Eisenhower Drive
Paramus, New Jersey 07652
Phone: 201-820-3900
Fax: 201-488-1507

North Hudson Community
Action Corporation
5301 Broadway
West New York, NJ 07093
Phone: 201-866-9320

Hospitals

Hackensack UMC Palisades Counseling
Center
7101 Kennedy Boulevard
North Bergen, NJ 07047
Phone: 201-854-0500
Fax: 201-854-1083

Christ Hospital Community
Mental Health
176 Palisade Avenue
Jersey City, NJ 07306
Phone: 201-795-8375
Fax: 201-795-8643

Meadowview Psychiatric Hospital
595 County Avenue
Secaucus, NJ 07094
Phone: 201-369-5252

Jersey City Medical Center
355 Grand Street
Jersey City NJ 07302
Phone: (201) 915-2000

Hospice

A philosophy to providing comfort and family support during end of life processes

- ✓ Services may include medical, counseling, and social contact.
- ✓ Hospice care is in-home or provided by hospices or hospitals

Bayonne Visiting Nurse Association

120 LeFante Way
Bayonne, NJ 07002

Phone: 201-339-2500

Fax: 201-399-1255

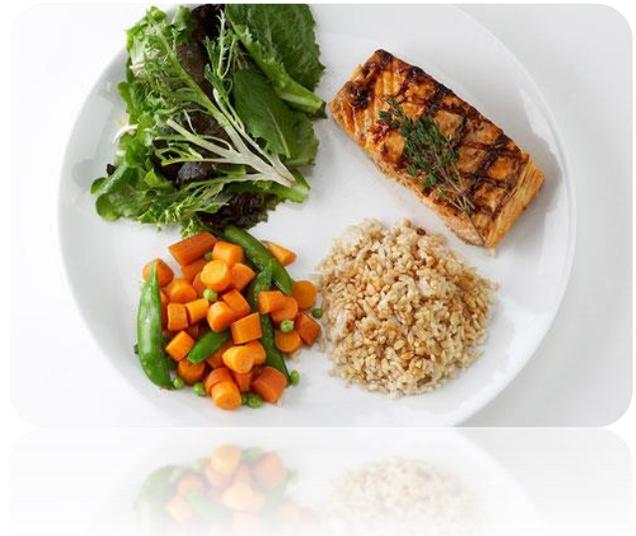
Nutrition Programs

Congregate Meals

- Available to individuals 60 or over regardless of income.
- Available to senior's spouse, regardless of age and income.
- One hot nutritious meal at noontime, five days per week.
- Meals are offered free of charge.
- Participants have the option to voluntarily contribute toward the cost of the meals.

Home Delivered Meals (also known as Meals on Wheels)

- A free program offered to persons 60 or over who are homebound due to illness or disability.
- One hot nutritious meal a day.
- Participants have the option to voluntarily contribute toward the cost of the meals.



Bayonne

Bayonne Economic Opportunity Foundation (B.E.O.F.)

555 Kennedy Boulevard
P.O. Box 1032
Bayonne, NJ 07002
Phone: 201-437-7222

Kosher Congregate Meals Kosher Meals on Wheels:

Jewish Federation of Northern New Jersey
50 Eisenhower Drive
Paramus, New Jersey 07652
Phone: 201-820-3900
Fax: 201-488-1507

Congregate Meal Sites:

Back Bay Garden
535 Avenue A Bayonne, NJ 07002
Phone: 201-437-7222

Harrison

Congregate Meals Site:

Harrison Senior Center
221 – 223 Harrison Avenue
Harrison, NJ 07029
Phone: 973-268-2463

Home Delivered Meals:

Phone: 973-268-2463

East Newark

East Newark Senior Center
37 President Street
East Newark, New Jersey 07029
Phone: 973-481-3454

Home Delivered Meals:

Phone: 973-481-2902

Jersey City

City of Jersey City Department of
Health and Human Services
360 MLK Drive
Jersey City, NJ 07305
Phone: (201) 547-5838

Congregate Meals Sites:

Berry Gardens
92 Danforth Avenue
Jersey City, NJ 07305
Phone: 201-547-6779

Boyd McGuinness
2555 Kennedy Boulevard
Jersey City, NJ 07306
Phone: 201-369-1846

Grace Van Vorst
Episcopal Church
39 Erie Street
Jersey City, NJ 07302

Joseph Connors Senior Center
28 Paterson Street
Jersey City, NJ 07307
Phone: 201-420-8249

Maureen Collier Senior Center
335 Bergen Avenue
Jersey City, NJ 07304
Phone: 201-434-3794

Ocean Towers
425 Ocean Avenue
Jersey City, NJ 07305
Phone: 201-434-8691

Villa Borinquen
398 Manila Avenue
Jersey City, NJ 07302
Phone: 201-4871-0178

Secaucus

Secaucus Senior Center
101 Centre Avenue
Secaucus, NJ 07094
Phone: 201-330-2094

North Hudson Regional Council of Mayors (NHRCM)

Providing meal services for the following municipalities:

- *Guttenberg*
- *Hoboken*
- *Kearny*
- *North Bergen*
- *Union City*
- *Weehawken*
- *West New York*

North Hudson Regional Council of Mayors (NHRCM)

400-38th Street, Suite 216
Union City, NJ 07087
Phone: 201-866-4005 / 04

Congregate Meal Sites:

Guttenberg

Guttenberg Senior Center
136 69th Street
Guttenberg, NJ 07093
Phone: 590-5279

Kearny

American Legion Hall
314 Belgrove Drive
Kearny, NJ 07032
Phone: 201-991-9699

Hoboken

Multi-Service Senior Center
124 Grand Street
Hoboken, NJ 07030

North Bergen

North Bergen Community Center
1441 45th Street
North Bergen, NJ 07047
Phone: 201-866-8791

Paul Cullum Building
6299 Grand Avenue
North Bergen, NJ 07047
Phone: 201-854-3084

Weehawken

Gregory Arms
525 Gregory Avenue
Weehawken, NJ 07086
Phone: 201-330-7634

Weehawken Senior Center
201 Highwood Avenue
Weehawken, NJ 07087
Phone: 201-319-6059

Union City

Union City Library
420 15th Street
Union City, NJ 07087
Phone: 201-271-2280

West New York

Senior Community Center
515 54th Street
West New York, NJ 07093
Phone: 201-295-5275

NHRCM Home Delivered Meals:

Phone: 201-866-4005 / 04



Food Pantries

Contact agency for specific rules and regulations



Nutrition Education and Counseling

City of Jersey City Department of
Health and Human Services
360 MLK Drive
Jersey City, NJ 07305
Phone: 201 547-5838
Fax: 201-547-5168

Hudson County Department of Family Services: Supplemental Nutrition Assistance Program (SNAP)

The County Welfare Agency provides intake and eligibility determination for economic assistance, paternity determination for Child Support, Home Health Care for seniors and the elderly, Social Services for all of its cases, as well as all emergency assistance.

County Welfare Agency
257 Cornelison Ave.
Jersey City, NJ 07302
(201) 420-3000
Fax: (201) 420-0343
Hours: 8:00 AM - 4:15 PM

OLD BERGEN CHURCH - DEACON'S
FOOD PANTRY
1 Highland Avenue
Jersey City, NJ 07306
Phone: 201-433-1815

Our Lady of Sorrows Church
93 Clerk Street
Jersey City, NJ 07305
Phone: 201-433-0626
Website: Currently Not Available

The Sharing Place Food Pantry
440 Hoboken Avenue
Jersey City, NJ 07306
Phone: 201 963-5518
Website: <http://stpauljerseycity.org/stpaul>

St Aloysius- Food Pantry
691 West Side Avenue
Jersey City, NJ 07304
Phone: 201 433-6365
Website: <http://www.stalloysiuschurch.com>

Iglesia De Dios Pentecostal
786 Communipaw Avenue
Jersey City, NJ 07304
Phone: 201-915-9840
Website: Currently Not Available

C.A.U.S.E Center
741 Bergen Ave
Jersey City, NJ - 07306
Phone: 201-432-2824
Website: Currently Not Available

The Beacon at Bethany Lutheran Church
2015 Kennedy Blvd.
Jersey City, NJ - 07305
Phone: 201-432-8773
Website: Currently Not Available

Salvation Army
562 Bergen Avenue
Jersey City, NJ 07304
Phone: 201-435-7355
Website: www.salvationarmynewjersey.org

H.I.G.H.W.A.Y.S.
184 Hobart Avenue
Bayonne, NJ 07002
Phone: 201-471-2635

Renaissance Food Pantry
22 Wilson Avenue
Kearny, NJ 07082
Phone: 201-998-9460
Website: www.cohic.com

Gospel Tabernacle Church
5029 Kennedy Blvd.
North Bergen, New Jersey 07047
Phone: 201-863-1000
Website:
<http://gospeltab.org/contact/locations/>

PERC (Palisade Emergency Residence Corporation)
111 37th Street
Union City, NJ 07087
Phone: 201-348-8150
Website: www.percshelter.org

Secaucus Emergency Food Pantry
101 Centre Avenue
Secaucus, NJ 07094
Phone: 201-330-2014

North Hudson Community Action Corp.
5301 Broadway
West New York, New Jersey 07093
Phone: 201-866-2388
Website: www.nhcac.org

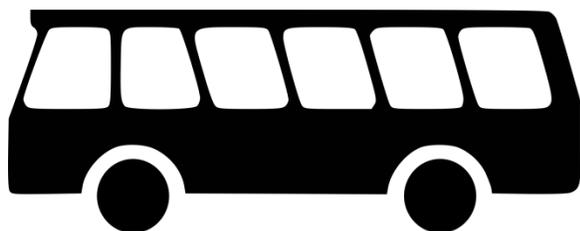
Additional online Anti-Hunger resources:

New Jersey Anti-Hunger Coalition (NJAHC)
Website: <http://njahc.org/help-fight-hunger/search-your-county/udson/>

Rutgers Against Hunger
Website: <https://rah.rutgers.edu/get-involved/local-pantries/>

Transportation Services

- ✓ Transportation for People with Disabilities
- ✓ Medicaid Transportation
- ✓ Curb-to-Curb Transportation
- ✓ Assisted Transportation
- ✓ Municipal Transportation
- ✓ Transportation Discounts



Transportation for People with Disabilities

- *Services are available to individuals whose disability prevents them from using the local fixed route bus service.*
- *Paratransit service comparable to local bus service.*
- *Curb pick-up/drop-off. Bus operators are not allowed to assist passengers beyond the curb.*
- *In-person interview required for eligibility process.*

New Jersey Transit

Access Link

Toll Free: 1-800-955-2321

Transportation for People with Disabilities and the Aging Population

- *Available to Hudson County seniors 60 and over and individuals with permanent disabilities who do not receive Medicaid.*
- *Non-emergency specialized transportation.*
- *Transportation to medical, hospital, employment and recreational sites as Transcends schedule permits.*
- *Reservation must be made in advance of appointment date*

Hudson County Transcend

830 Bergen Avenue, 8A

Jersey City, NJ 07306

Phone: 201-369-4320

Fax: 201-369-4318

Assisted Transportation

- *Assisted transportation for individuals 60 and over who are frail, vulnerable, disabled or isolated.*
- *Destinations include; community services, banks, and medical facilities.*
- *Call for scheduling availability.*

HOPES CAP, Inc.

301 Grand Street

Hoboken, NJ 07030

Phone: 201-656-7137

Fax: 201-656-7195

Municipal Transportation

- *Various transport services offered to Municipal residents.*
- *Each Municipality offers different services.*
- *Call for eligibility, scheduling, and availability.*

Bayonne Economic Opportunity
Foundation (B.E.O.F.)
555 Kennedy Boulevard
P.O. Box 1032
Bayonne, NJ 07002
Phone: 201-437-7222
Fax: 201-437-2810

East Newark
37 President Street
East Newark, NJ 07029
Phone: 973-481-2902

Guttenberg
6808 Park Avenue
Guttenberg, NJ 07093
Phone: 201-868-2315

Harrison
221-223 Harrison Avenue
Harrison, NJ 07029
Phone: 973-268-2444

Hoboken
124 Grand Street
Hoboken, NJ 07030
Phone: 201-420-2053

Jersey City
201 Cornelison Avenue
Jersey City, NJ 07304
Phone: 201-547-4361

Kearny
Senior Information and
Assistance Program
645 Kearny Avenue
Kearny, NJ 07032
Phone: 201-997-0600 ext. 3560

North Bergen
6800 Columbia Ave.
North Bergen, NJ 07047
Phone: 201-869-9595

Secaucus
101 Centre Avenue
Secaucus, NJ 07094
Phone: 201-865-4422

Union City
3715 Palisade Avenue
Union City, NJ 07087
Phone: 201-348-5702

Weehawken
201 Highwood Avenue
Weehawken, NJ 07086
Phone: 201-319-6060

West New York
6018 Hudson Avenue
West New York, NJ 07093
Phone: 201-295-5056/5144

Transportation Discounts

New Jersey Transit – Reduced Fare Program

- Senior citizens 62 and older and people with disabilities may take advantage of the reduced fare at any time on trains, buses, and light rail vehicles.
- Reduced fare of one-half or more on the regular one-way fare on NJ TRANSIT trains, buses, and light rail vehicles.
- Some alternative transportation providers cross-honor the NJ TRANSIT Reduced Fare Card.
- Valid ID is required.

How To Apply for an NJ TRANSIT Reduced Fare ID/Card:

Senior citizens and people with disabilities who don't have a Medicare card may obtain a Reduced Fare ID/Card as follows:

NJ TRANSIT Reduced Fare Program

One Penn Plaza East, 5th Floor
Newark, NJ 07105

You may also download an application from:
http://www.njtransit.com/pdf/sf_tr_fo_reduced_seniors_RFP_application.pdf

The Application is also available to fill out at most local banks, savings and loan associations, county Offices on Aging and any major transit terminal. Also, you may obtain the application by writing or calling the NJ TRANSIT Reduced Fare Office at **(201) 271-4307**.

PATH Reduced Fare Discounts

- SMARTLINK is available for individuals 65 and older.
- Eligibility and approval requirements do apply.

Applications can be found online at:
<https://www.pathsmartlinkcard.com/seniorcard.html>

Toll Free: 1-800-234-7284

Motor Vehicle Registration Discount

The fees for senior citizens 65 and older and Person(s) with a disability are \$7 less than those stated in all PASSENGER vehicle categories if you own or lease the vehicle. This reduction does NOT apply to boat registrations.

All passenger vehicles or non-commercial trucks registered to recipients of the following programs are eligible for discounted registration fees:

- *Pharmaceutical Assistance to the Aged and Disabled (PAAD)*
- *Supplemental Security Income (SSI)*
- *Lifeline*

For more information contact:
New Jersey Motor Vehicle Commission
P.O. Box 160
Trenton, NJ 08666
Phone: 609-292-6500

Housing



Assisted Living Residence

To assist individuals at risk of placement in a nursing facility.

- Apartment style living in a residential facility licensed by the NJ Department of Health and Senior Services.
- A combination of housing, personalized supportive services; (e.g. congregate meals and housekeeping services), and health care designed to meet the needs of individuals who need help with daily living activities.

Brandywine Senior Place
Assisted Living
155 Raymond Road
Princeton, NJ 08540
Phone: 732-329-8888

Amber Court
1155 E. Jersey St.
Elizabeth, NJ 07201
Phone: 908-352-9200

Alaris Health at Hamilton Park
525 Monmouth Street
Jersey City, NJ 07302
Phone: 201-653-8800

The Harborage
7600 River Road
North Bergen, NJ 07047
Phone: 201-854-5400
Fax: 201-854-8798



Subsidized Apartments

- ✓ *Designed for and limited to individuals who are at least 62 or disabled.*
- ✓ *Rental units may include garden or high-rise buildings.*
- ✓ *Recreational activities and support services may be available at a free or low-cost charge.*
- ✓ *Rental charges are based upon income eligibility.*
- ✓ *Lengthy waiting lists can often be expected.*

Bayonne

Back Bay Gardens
535 Avenue A
Bayonne, NJ 07002
Phone: 201-339-8700

Constable Hook Village
24 East 21st Street
Bayonne, NJ 07002
Phone: 201-339-8700

Constable Hook Village
50 East 21st Street
Bayonne, NJ 07002
Phone: 201-339-8700

Kill Van Kull Gardens
159 West Second Street
Bayonne, NJ 07002
Phone: 201-339-8700

Pamrapo Gardens
30 East 50th Street
Bayonne, NJ 07002
Phone: 201-339-8700

Post Road Gardens
537 Avenue A Bayonne, NJ 07002
Phone: 201-339-8700

Guttenberg

Herman G. Klein Gardens
7005 Boulevard East
Guttenberg, NJ 07093
Phone: 201-861-0900

Macaluso Tower
400-68th Street
Guttenberg, NJ 07093
Phone: 201-861-0900

Harrison

Harrison Gardens
788 Harrison Ave.
Harrison, NJ 07029
Phone: 973-483-1488

Harrison Senior Residence
774 Harrison Ave.
Harrison, NJ 07029
Phone: 201-991-0054

Kingsland Court
740-760 Williams Street
Harrison, NJ 07029
Phone: 973-483-1488

Hoboken

Marion Towers
400 First Street
Hoboken, NJ 07030
Phone: 201-653-7788

Monroe Gardens
221 Jackson Street
Hoboken, NJ 07030
Phone: 201-798-0370



Adams Gardens
220 Adams Street
Hoboken, NJ 07030
Phone: 201-798-037

Columbian Arms
514 Madison Street
Hoboken, NJ 07030
Phone: 201-659-8894

Columbian Towers
76 Bloomfield Street
Hoboken, NJ 07030
Phone: 201-795-1144
Fox Hill Gardens

311 Thirteenth Street
Hoboken, NJ 07030
Phone: 201-798-0370

Jersey City

Alban Court
2540-50 Kennedy Boulevard
Jersey City, NJ 07305
Phone: 201-434-2227

Battery View
72 Montgomery Street
Jersey City, NJ 07302
Phone: 201-332-9400

Berry Gardens I
199 Ocean Avenue
Jersey City, NJ 07308
Phone: 201-706-4752

Berry Gardens II
92 Danforth Avenue
Jersey City, NJ 07305
Phone: 201-706-4745

Berry Gardens III
82 Danforth Avenue
Jersey City, NJ 07305
Phone: 201-706-4752

Berry Gardens IV
72 Danforth Avenue
Jersey City, NJ 07306
Phone: 201-706-4745

Boyd McGuinness
2555 Kennedy Boulevard
Jersey City, NJ 07304
Phone: 201-434-2227

Fairmount Housing
2595 Kennedy Boulevard
Jersey City, NJ 07304
Phone: 201-946-4667

Grandview Terrace
3060 Kennedy Boulevard
Jersey City, NJ 07306
Phone: 201-792-4918

Harborview Apartments
145 Ocean Avenue
Jersey City, NJ 07305
Phone: 201-432-1377

Heights Housing
2 Hague Street
Jersey City, NJ 07307
Phone: 201-420-8335

Jones Hall
591 Montgomery Street
Jersey City, NJ 07302
Phone: 201-435-7631

Muhlenberg Gardens
1065 Summit Avenue
Jersey City, NJ 07307
Phone: 201-792-4475

New Community
Hudson Senior Housing
21 Orchard Street
Jersey City, NJ 07036
Phone: 201-985-1156

Ocean Towers
425 Ocean Avenue
Jersey City, NJ 07305
Phone: 201-434-8691

Plaza Apartments
91 Sip Avenue
Jersey City, NJ 07306
Phone: 201-420-9526

Storms Avenue Apartments
111 Storms Avenue
Jersey City, NJ 07306
Phone: 201-333-6328

Saint Bridget's Senior Residence
372 Montgomery St.
Jersey City, NJ 07302
Phone: 201-984-2305

Thomas S. Stewart
88 – 92 Erie Street
Jersey City, NJ 07305
Phone: 201-547-6618

500 Manila Avenue, LLC
500 Manila Avenue
Jersey City, NJ 07302
Phone: 201-792-4600

Whittenberg Manor
66 Bleeker Street
Jersey City, NJ 07307
Phone: 201-792-4475

Kearny

Kearny Senior Residence
681 Schuyler Avenue
Kearny, NJ 07032
Phone: 201-991-0054

Spruce Terrace
21 Spruce Street
Kearny, NJ 07032
Phone: 201-997-4464

North Bergen

Lawler Towers
6121 & 6131 31 Grand Avenues
North Bergen, NJ 07047
Phone: 201-868-8605

Cullen Tower
6299 Grand Avenue
North Bergen, NJ 07047
Phone: 201-868-8605

Terrace Apartments
6800 Columbia Avenue
North Bergen, NJ 07047
Phone: 201-868-8605

Secaucus

The Elms
777 - 5th Street
Secaucus, NJ 07094
Phone: 201-867-2957
Kroll Heights
700 County Avenue
Secaucus, NJ 07094
Phone: 201-867-2957

Rocco Impreduto Towers
600 County Road
Secaucus, NJ 07094
Phone: 201-867-2957

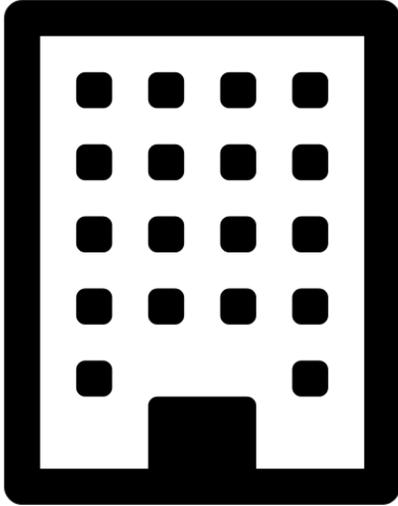
Union City

Bella Vista Apartments
522 - 22nd Street
Union City, NJ 07087
Phone: 201-867-2134

Union City Senior Citizens Building
3700 Palisade Avenue
Union City, NJ 07087
Phone: 201-865-6288

Weehawken

Weehawken Housing
525 Gregory Avenue
Weehawken, NJ 07086
Phone: 201-348-4188



West New York

Franklin D. Roosevelt Building
6100 Adams Street
West New York, NJ 07093
Phone: 201-868-6100

John E. Otis Gardens
5800 Jefferson Street
West New York, NJ 07093
Phone: 201-868-6100

John F. Kennedy Tower
430 - 62nd Street
West New York, NJ 07093
Phone: 201-868-6100

McGowan Building
6300 Adams Street
West New York, NJ 07093
Phone: 201-868-6100

Parkview Towers I, II
5001 and 5101 Park Avenue
West New York, NJ 07093
Phone: 201-865-6379

Palisade Gardens
4911 Palisade Avenue
West New York, NJ 07093
Phone: 201-868-6100

Park East Garden I
5806 and 5814 Park Avenue
West New York, NJ 07093
Phone: 201-868-6100

Piccuto Building
590 - 62nd Street
West New York, NJ 07093
Phone: 201-868-6100

Sunshine
515 - 54th Street
West New York, NJ 07093
Phone: 201-868-6100

Online: Hudson County Housing Resource Link

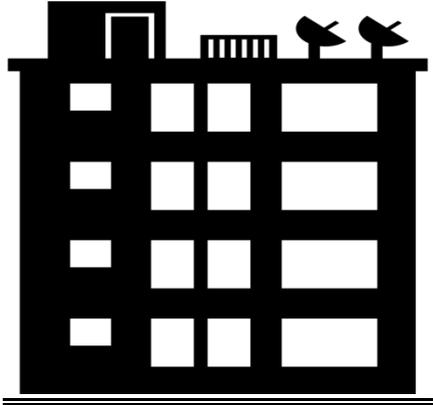
Hudson County Division of Housing & Community Development
830 Bergen Avenue, 5B
Jersey City, NJ 07306
Phone: 201.369.4520
Fax: 201.369.4523

Website*:

<http://www.hudsoncountynj.org/hudson-housing-finder/>

****The housing list that is included herein is not exhaustive of all housing options in Hudson County. Please visit the website above for additional resources.***

Residential Assistance



Section 8: Rental Assistance Program

- ✓ *Housing available to low-income households.*
- ✓ *Households must meet eligibility requirements.*
- ✓ *Renters pay no more than 30 percent of their adjusted monthly income toward their monthly rent and utilities.*
- ✓ *The Guide to Section 8 Housing Program is available through the New Jersey Department of Community Affairs.*

**Hudson County
Section 8 Office**
438 Summit Avenue
Jersey City, NJ 07306
Phone: 201-217-7256 or 201-217-7405

**Jersey City Housing
Authority Program**
400 US Highway #1
Jersey City, NJ 07306
Phone: 201-547-6680

**New Jersey Department of Community
Affairs: Division of Housing &
Community Resources**
101 South Broad Street
P.O. Box 051
Trenton, NJ 08625
Phone: 609-292-4080

Housing Care Residential Maintenance

Intermittent household and/or yard care eligible seniors are those whose health and safety are threatened because they cannot perform these services by themselves and/or are at risk of institutional placement

Bayonne Economic Opportunity
Foundation (B.E.O.F.)
555 Kennedy Boulevard
P.O. Box 1032
Bayonne, NJ 07002
Phone: 201-437-7222
Fax: 201-437-2810

North Hudson Community
Action Corporation
5301 Broadway, 2nd Floor
West New York, NJ 08093

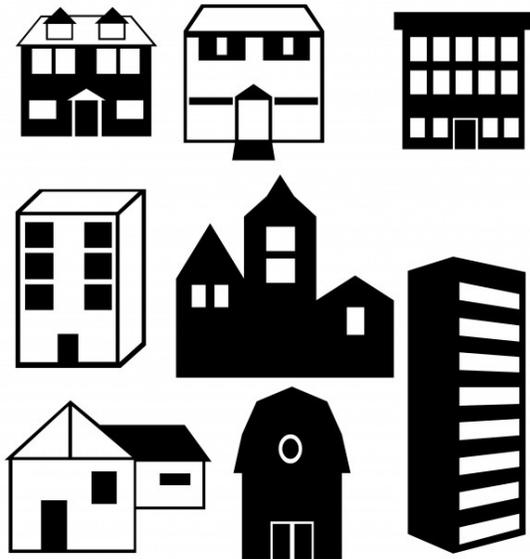
Phone: 201-866-9320 ext. 183
Fax: 201-330-3803 (Hudson County
except Bayonne, Jersey City and Hoboken
areas)

Puertorriquenos Asociados for
Community Organization (PACO)
392 Manila Avenue
Jersey City, NJ 07302
Phone: 201-963-8282 / 201-420-6444
Fax: 201-653-5229

Social Security Administration Buildings

79 Hudson St. 6th floor
Hoboken, NJ 07030
Phone: 800 -772-1213

325 West Side Ave.
Jersey City, NJ 07305
Phone: 800 -772-1213



Legal Assistance Services

- ✓ *To protect the rights of vulnerable adults against abuse, neglect, or exploitation.*
- ✓ *Services can be voluntary or Court ordered.*
- ✓ *Services include social, legal, financial, medical, or psychiatric.*

Hudson County Adult Protective Services Inc.

6100 Adams Street
West New York, NJ 07093
Phone: (201) 537-5631
(F) 201-869-0805

Northeast New Jersey Legal Services

Legal advice or representation on Entitlement Cases, such as Welfare/Food Stamps; Unemployment; Social Security; Medicaid/Medicare, Bankruptcy; Repossession/Garnishment; Public Utilities; Credit Problems/Collections; Expungements; Certain Mortgage, Foreclosures; Rent Control; Simple Wills

574 Summit Avenue, 3rd Floor
Jersey City, NJ 07302
Phone: 201-792-6363 Ext. 3240
Fax: 201-798-8780

Ombudsman for the Institutionalized Elderly

- ✓ *Investigates allegations of abuse and neglect of people age 60 and older living in nursing homes and other long term healthcare facilities.*
- ✓ *Investigates, resolves and/or refers complaints to the appropriate agency.*
- ✓ *By law, callers may remain anonymous.*
- ✓ *Case files are closed to the public.*

The Office of the Ombudsman

P.O. Box 852
Trenton, NJ 08625
Phone: 609-943-4023
Fax: 609-943-3479

To File a Complaint:

Call 24-Hour Toll Free Ombudsman
Hotline: 1-877-582-6995
Email: PublicAdvocate@advocate.state.nj.us



Financial Assistance

Energy Assistance Programs
Homelessness Prevention Program (HPP)
NJ Family Care
Medicaid
Welfare
Medicaid Assistance Customer Center
Medicaid for Nursing Home, Blind and Disabled
Social Security Administration

Energy Assistance Programs

- ✓ *Helps very low-income residents with heating and cooling bills.*
- ✓ *Makes provisions for emergency fuel assistance.*

HOPES CAP Inc.

301 Grand Street
Hoboken, NJ 07030
Phone: 201-656-7137
Fax: 201-656-7195

Lifeline

Utility assistance program for homeowners and renters with limited incomes who are over 65, meet Pharmaceutical Assistance to the Aged and Disabled (PAAD) requirements or individuals who are at least 18 years old and receiving Social Security Disability benefits.

Toll Free: 1-800-451-0525
1-800-792-9745

NJ Shares Inc.

For individuals facing a temporary financial crisis. Helps with gas and electric bills.

Toll Free: 1-866-657-4273

New Jersey Comfort Partners

Offered to qualified, low-income households, to assist with education on energy efficiency measures, and the repair or replacement of heating and cooling equipment.

Puertoriquenos Asociados for Community Organization (PACO) Home Energy Program and LIHEAP

346 Central Ave.
Jersey City, NJ 07307
Phone: 201-217-0583
201-963-8282

PSE&G Equal Payment Plan (EPP)

Assists with the planning of an energy budget in order budget appropriately for energy needs. Allows the individual to pay the same amount each month. Program enrollment is required.

Toll Free: 1-800-436-7734

Website:

www.pseg.com/billpaymentassistance

Homelessness Prevention Program (HPP)

For individuals in danger of losing their housing.

Supports:

- Those facing eviction or foreclosure*
- Individuals who are living in housing that is a threat to their safety, or*
- Those individuals paying too much of their income for housing.*

Prevention programs often include services for individuals with chronic drug, alcohol, or mental health problems, as well as support services such as job training and child care

Phone: 201-217-7263/7265
Toll Free: 1-866-889-6270

NJ Family Cares

A federal and state funded health insurance program. Created to help New Jersey's uninsured children and certain low-income parents and guardians to have affordable health coverage. For families who do not have available or affordable employer insurance and cannot afford to pay the high cost of private health insurance

Toll Free: 1-800-701-0710

Medicaid

- *Public assistance funded through the State of New Jersey.*
- *For individuals unable to pay for health care.*
- *Income eligibility requirements apply.*

Hudson County Department of Family Services

257 Cornelison Avenue
Jersey City, NJ 07306
Phone: 201-420-3000

Medicaid Assistance Customer Center

153 Halsey St.
Newark, NJ 0702
Phone: 201-217-7100

Medicaid for Nursing Home, Blind and Disabled

257 Cornelison Ave.
Jersey City, NJ 07302
Phone: 201-420-3063

Socialization, Recreation, & Education

*Socialization and Recreation
Education Programs
Senior Centers
Libraries*

Socialization and Recreation

Bayonne Office on Aging
630 Avenue C, Room 17
Bayonne, NJ 07002
Phone: 201-858-6119
Fax: 201-858-4645

Puertorriquenos Asociados for Community
Organization (PACO)
392 Manila Avenue
Jersey City, NJ 07302
Phone: 201-963-8282 / 420-6444
Fax: 201-653-5229

Physical Health and Exercising at Senior Centers

City of Jersey City Department of
Health and Human Services
360 MLK Drive
Jersey City, NJ 07305
Phone: (201) 547-5838
Fax: 201-547-5168

Senior Education Programs

*Computer Classes,
English Reading and Writing,
Adult Education (GED)
Financial Literacy*

HOPES CAP Inc.
301 Garden St.
Hoboken, NJ 07030
Phone: 201-653-8213
1-855- OK-HOPES (654-6737)
Fax: 201-656-7195

Computer Classes

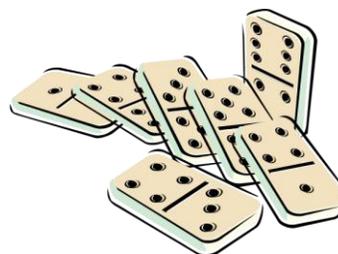
Hudson County
Community College
70 Sip Avenue, 2nd Floor
Jersey City, NJ 07306
Phone: 201-360-4241/201-360-4200

Computer Classes, English as a Second Language

Puertoriquenos Asociados for Community
Organization (PACO)
390 Manila Avenue
Jersey City, NJ 07302
Phone: 201-963-8282
Fax: 201-653-5229

Health Education

Visiting Homemaker of Hudson County
586 Newark Avenue
Jersey City, NJ 07306
Phone: 201-656-9012 / 6001
Fax: 201-656-9511



Senior Centers

Bayonne
329 Avenue B.
Bayonne, NJ 07002
Phone: 201-437-5996

Downtown
16 West 4th Street
Bayonne, NJ 07002
Phone: 201-858-7192

East Newark
37 President Street
East Newark, NJ 07029
Phone: 973-481-2902

Harrison
221 Harrison Avenue
Harrison, NJ 07029
Phone: 973-268-2463

Hoboken Multi-Service Center
124 Grand Street
Hoboken, NJ 07030
Phone: 201-420-2053

Grace Van Vorst
Episcopal Church
39 Erie Street
Jersey City NJ, 07302
Phone: 201-659-2211

Indo-American Senior Center
3359 Kennedy Boulevard
Jersey City, NJ 07307
Phone: 201-659-0300

Joseph Connors Senior Center
28 Paterson Street
Jersey City, NJ 07307
Phone: 201-420-8249

Maureen Collier Senior Center
335 Bergen Avenue
Jersey City, NJ 07304
Phone: 201-434-3794

Puertorriquenos Asociados for Community
Organization (PACO)
390 Manila Avenue
Jersey City, NJ 07302
Phone: 201-963-8282

North Bergen
1441 – 45th Street
North Bergen, NJ 07047
Phone: 201-866-8791

Kearny
60 Columbia Ave.
Kearny, NJ 07032
Phone: 201-991-9322

Secaucus
101 Centre Avenue
Secaucus, NJ 07094
Phone: 201-330-2034

Weehawken
201 Highwood Avenue
Weehawken, NJ 07086
Phone: 201-319-6059

Union City
3715 Palisades Ave.
Union City, NJ
Phone: 201-348-0818

West New York
515 54th St.
West New York, NJ 07093
Phone: 201-295-5144

Libraries

Bayonne Public Library and Cultral Center
697 Avenue C
(Corner of 31st Street) Bayonne, NJ 07002
Phone: 201-858-6970

Harrison Public Library
415 Harrison Avenue
Harrison, NJ 07029
Phone: 973-483-2366

Hoboken Public Library
500 Park Avenue
Hoboken, NJ 07030
Phone: 201-420-2346

Main Library
472 Jersey Avenue
Jersey City, NJ 07302
Phone: 201-547-4500

Five Corners Branch
678 Newark Avenue
Jersey City, NJ 07306
Phone: 201-547-4543

Glenn D. Cunningham
275 Martin Luther King Jr. Drive
Jersey City, NJ 07305
Phone: 201-547-4555

Greenville Branch
1841 Kennedy Boulevard
Jersey City, NJ 07305
Phone: 201-547-4553

Lafayette Branch
307 Pacific Avenue
Jersey City, NJ 07304
Phone: 201-547-5017

Marion Branch
1017 West Side Avenue
Jersey City, NJ 07306

Phone: 201-547-4552

Miller Branch
489 Bergen Avenue
Jersey City, NJ 07305
Phone: 201-547-4551

Pavonia Branch
326 - 8th Street
Jersey City, NJ 07302
Phone: 201-547-4808

The Heights Branch
14 Zabriskie Street
Jersey City, NJ 07307
Phone: 201-547-4556

West Bergen Branch
476 West Side Avenue
Jersey City, NJ 07304
Phone: 201-547-4554

Kearny Public Library
318 Kearny Avenue
Kearny, NJ 07032
Phone: 201-998-2666
North Bergen Public Library
8411 Bergenline Avenue
North Bergen, NJ 07047
Phone: 201-869-4715

Secaucus Public Library
1379 Paterson Plank Road
Secaucus, NJ 07094
Phone: 201-330-2083

Union City Public Library
324 - 43rd Street
Union City, NJ 07087
Phone: 201-866-7500

Weehawken Public Library
49 Hauxhurst Avenue
Weehawken, NJ 07086
Phone: 201-863-7823

West New York Public Library
425 – 60th Street
West New York, NJ 07093
Phone: 201-295-5135

Language Translation & Interpretation

*Explaining oral and written communication
For non-English speaking, limited English
speaking, hearing impaired or other
functionally impaired older individuals.*

Spanish, Portuguese, Polish

Harrison Senior Center
221-223 Harrison Avenue
Harrison, NJ 07029
Phone: 973-268-2463
Fax: 973-268-2956
Spanish

Puertorriquenos Asociados
for Community Organization (PACO)
392 Manila Avenue
Jersey City, NJ 07302
Phone: 201-963-8282 / 420-6444
Fax: 201-653-5229



Employment

Easter Seals Senior Community Services
Employment Program

Community training for seniors who are
interested in returning to the workforce

Easter Seals

121-125 Newark Avenue, Room 401
Jersey City, NJ 07306
Phone: 201-200-1340



Senior Corps

*Connects individuals over 55 with the
people and organizations that need them
most.*

*Helps individuals become mentors, coaches
or companions to people in need, or
contribute their job skills and expertise to
community projects and organizations.*

Toll Free: 1-800-424-8867

Website: www.seniorcorps.org